



**ELEVATE YOUR  
FUTURE**



**COLORADO  
MOUNTAIN COLLEGE**

# **COMMUNITY EDUCATION SCHEDULE**

**SPRING 2024**

**VAIL VALLEY**

**REGISTRATION IS OPEN!**  
Classes Start the Week of January 15





# CMC VAIL VALLEY

## Community Education Schedule

### Spring 2024



## Need help? Give us a call!

### CMC VAIL VALLEY

150 Miller Ranch Road  
Edwards, CO 81632

Phone: 970.569.2900

En español: 800.922.1205

WhatsApp en Español: 970.291.0316

### OFFICE HOURS

Monday–Thursday, 8am–7pm  
Friday, 8:30am–4:30pm

*\*Evening closing hours vary with the academic calendar and dismissal of the latest evening class.*

### SCHEDULE/HOLIDAYS

**Spring Break** / March 11 – March 15  
**Semester Ends** / May 3

### WHAT'S THE DIFFERENCE BETWEEN **CREDIT & COMMUNITY EDUCATION CLASSES**?

**CREDIT CLASSES** count towards earning a college degree or certificate. Students must apply to CMC before registering for credit classes.

**COMMUNITY EDUCATION CLASSES** are short-term and intended for enrichment and lifelong learning. Anyone may register for these community-led classes (some age restrictions apply). Also known as non-credit classes.

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### REGISTRATION

Please register as early as possible for classes that interest you. Each class has both a minimum and maximum number of students who may enroll. To secure your spot in classes, it's best to register early!

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Colorado Mountain College does not discriminate on the basis of age, color, disability, gender identity, marital status, national or ethnic origin, political affiliation, race, religion, sex (including pregnancy), sexual orientation, veteran status, and family and genetic information, in its programs and activities as required by Title IX of the Education Amendments of 1972, Title II of the Americans with Disabilities Act of 1990, as amended, Section 504 of the Rehabilitation Act of 1973, Titles VI and VII of the Civil Rights Act of 1964, the Age Discrimination Act of 1975, and as provided in other applicable statutes and College policies. The College prohibits sexual and gender-based harassment, including sexual assault, and other forms of interpersonal violence. Colorado Mountain College will take appropriate steps to ensure that the lack of English language skills will not be a barrier to admission and participation in vocational education programs. For additional information contact: Title IX Coordinator, 802 Grand Avenue, Glenwood Springs, CO 81601, 970-947-8351, [ldoak@coloradomtn.edu](mailto:ldoak@coloradomtn.edu), or Director of Human Resources, 802 Grand Avenue, Glenwood Springs, CO 81601, 970-947-8311, [awurtsmith@coloradomtn.edu](mailto:awurtsmith@coloradomtn.edu).



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## NEED MORE INFO ABOUT CMC?



More information is available on our website!

Here are some important web pages to get you started:

- ▶ Apply - <https://coloradomtn.edu/apply-get-started/>
- ▶ Programs and Academic Pathways - <https://coloradomtn.edu/programs/academic-pathways/>
- ▶ Tuition and Costs - <https://coloradomtn.edu/tuition-costs/>
- ▶ Scholarships - <https://coloradomtn.edu/scholarships/>
- ▶ Classes - <https://coloradomtn.edu/classes/>
- ▶ ESL - <https://coloradomtn.edu/esl/>
- ▶ Vail Valley at Edwards campus - <https://coloradomtn.edu/campuses/vail-valley-edwards/>

## COMMUNITY EDUCATION CLASS REGISTRATION



Browse upcoming classes and register online at [Community-Education.ColoradoMtn.edu](https://Community-Education.ColoradoMtn.edu).

Or register in person at your local campus.

Payment is due at time of registration. Refunds are only issued if you drop the class by 5:00 pm, two (2) business days prior to the first day of class.

## CREDIT CLASS REGISTRATION

**CURRENT STUDENTS:** If you have taken credit classes in the past 10 months, you may register in person or online at [Basecamp.ColoradoMtn.edu](https://Basecamp.ColoradoMtn.edu)

**NEW OR RETURNING STUDENTS:** If you are new to CMC or have not taken credit classes in the past 10 months, you will need to complete an online application for admission. Visit [ColoradoMtn.edu/register](https://ColoradoMtn.edu/register) to get started.

**ACADEMIC ADVISING:** All students, including degree, certificate, and career-seekers, are strongly encouraged to make an appointment with a college counselor or Academic Advisor.

**TUITION:** Tuition rates per credit hour are as follows: \$100 (in-district residents); \$200 (in-state residents); and \$510 (out-of-state residents). Some programs have higher tuition rates. For more information about your tuition classification, visit [ColoradoMtn.edu/Tuition](https://ColoradoMtn.edu/Tuition). Military/Veterans, citizens aged 62 and over, and second homeowners within CMC's district may qualify for reduced tuition rates.

**PAYMENT FOR CREDIT CLASSES:** Registrations prior to November 12: payment and/or payment arrangements are due before midnight on December 18. For registrations made after November 12: payment and/or payment arrangements are DUE BEFORE MIDNIGHT THE DAY FOLLOWING REGISTRATION.

**TECHNOLOGY FEES:** Students pay a technology fee every semester based upon their credit load with a maximum of \$50/semester.

**DROPS & REFUNDS:** Log into Basecamp and drop online or fill out a Registration Add/Drop form and submit it to the campus. To receive a refund, the class must be dropped by the listed refund date in the syllabus. Students who drop classes after the refund date will not receive a refund.

**TEXTBOOKS:** The Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on the number of credit hours (\$25/credit hour). See [ColoradoMtn.edu/Textbooks](https://ColoradoMtn.edu/Textbooks) for more info.

► CREDIT CLASS LISTING CAN BE FOUND ON PAGE 23

# FIND MORE CLASSES

► With all of the options for class instruction, there is a class that will work with your schedule. To find additional Online and Remote Real-Time classes that fit your schedule, you can go to Student Planning if you are a current student, or look on the website at [ColoradoMtn.edu/classes](https://coloradomtn.edu/classes)

You can then sort by course code, course title, course type or campus! Find the class you need and the method of instructional delivery that works best for you!

# HOW TO USE THIS SCHEDULE

CourseTitle

Course Description

**CLAY HAND BUILDING**

*This class will provide an exploration of different types of construction. Students will be introduced to coil building, slab construction, hump/slump molds, and kurinuki. Advanced/intermediate students will be guided toward building a body of work of their choice.*

Session 1

M

5:30p-8:30p

1/15-2/19

Landreaux

Cost: \$144

Refund: 1/12

Session 2

T

5:30p-8:30p

3/5-4/30

Landreaux

Cost: \$216

Refund: 3/1

Course Method

Meeting Times/Days

Start Date /End Date

Instructor

Cost

Refund Date  
(Last date to drop and get a refund.)

CLASS TYPES	
	<b>CLASSROOM</b>   Attend class in-person at scheduled times at a CMC campus or location.
	<b>HYBRID</b>   Attend class in-person at scheduled times & experience remote or online instruction. The percentage of in-person & remote or online instruction varies by course.
	<b>CONNECTED CLASSROOM</b>   Attend class in-person and/or through a designated technology at scheduled times. The required method of attending varies by course.
	<b>REMOTE REAL-TIME</b>   Attend class using a designated technology at scheduled times.
	<b>ONLINE</b>   Experience the class online. Follow the schedule of course work with due dates & times.





## ART, LITERATURE & MUSIC

### CERAMICS

#### CERAMICS OPEN STUDIO

Practice your craft during self-guided studio time. Studio is available whenever classes are not in session; facilitated studio time is Wednesday from Noon to 3pm. You must have been enrolled in the CMC studio or ceramics class prior to enrolling in this studio or have permission from the studio manager. Questions? Email Willow Murphy, [wmurphy@coloradomtn.edu](mailto:wmurphy@coloradomtn.edu).

Session 1		W	12p-3p	1/17-3/6	Cost: \$200	Refund: 1/15
Session 2		W	12p-3p	3/13-5/1	Cost: \$200	Refund: 3/11

#### CLAY HAND BUILDING

This class will provide an exploration of different types of construction. Students will be introduced to coil building, slab construction, hump/slump molds, and kurinuki. Advanced/intermediate students will be guided toward building a body of work of their choice.

Session 1		M	5:30p-8:30p	1/15-2/19	Landreaux	Cost: \$144	Refund: 1/12
Session 2		T	5:30p-8:30p	3/5-4/30	Landreaux	Cost: \$216	Refund: 3/1

#### GLAZING TECHNIQUES

This class is recommended for individuals with prior clay experience who already feel comfortable either on the wheel and/or hand building. Students will initially build a small body of work which will be used to test different glazing techniques throughout the class, and there will be time allotted for building an ongoing/larger body of work throughout the classes. Demos will cover using glaze chips, bubbles, tape, latex wax, shaving cream, and newspaper transfers in the glaze application as well as sgraffito and mishima. The classes will also explore applying glazes by dipping, brushing, sponging, trailing, spraying, and splattering. Demonstrations will be focused on glazing rather than throwing and construction. Information about basic glaze chemistry and glaze recipes will also be provided.

	Th	5:30p-8:30p	1/18-5/2	Landreaux	Cost: \$360	Refund: 1/16
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**BE OUR FAN!** [facebook.com/CMCatVailValley](https://facebook.com/CMCatVailValley)

COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

PLASTER MOLD MAKING WORKSHOP



Each student will build a one-part or two-part mold.

	Sa	9a-2p	4/20	Landreaux	Cost: \$32	Refund: 4/18
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WEEKEND CERAMICS OPEN STUDIO



Access to work in the studio one four-hour time slot each weekend. Times will alternate between Saturdays and Sundays, with occasional Friday evenings, always 4:30pm-7:30pm. You MUST be concurrently enrolled in the CMC studio or a different ceramics class prior to enrolling in this studio. Questions? Email Willow Murphy, [wmurphy@coloradomtn.edu](mailto:wmurphy@coloradomtn.edu).

Session 1		SaSu	4:30p-8:30p	1/20-3/10	Landreaux	Cost: \$200	Refund: 1/18
Session 2		SaSu	4:30p-8:30p	3/16-5/5	Landreaux	Cost: \$200	Refund: 3/14

WHEEL THROWING

This class will focus on wheel throwing. Students will be introduced to forms including cylinders, spoon rests, bowls, handles, one-piece planters, and closed forms. Advanced/intermediate students will be guided toward building a body of work of their choice.

Session 1		T	5:30p-8:30p	1/16-2/20	Landreaux	Cost: \$144	Refund: 1/12
Session 2		M	5:30p-8:30p	3/4-4/29	Landreaux	Cost: \$216	Refund: 3/1

NEW PROGRAM

► RADIOLOGY TECHNOLOGY

Have you ever wished you could have x-ray vision? While Colorado Mountain College can't promise superpowers, we can help give students a bright future with an in-demand career with our new Associate of Applied Science Degree in Radiological Technology.

Students who complete the program will be eligible to take exams from the American Registry of Radiologic Technologists and get certified in radiography.

"Radiology technology will fill a gap for our communities as the need for Allied Health professionals continues to grow," said Dr. Amy Connerton, Assistant Dean of Instruction. "Students will have a wide variety of career pathways and opportunities open to them with this degree."

The program will combine in-classroom learning and practice, as well as internships and clinical hours in healthcare settings.

The new program was developed after surveying several community partners, including St. Vincent's Hospital in Leadville, UC Health Yampa Medical Center in Steamboat Springs, Valley View Hospital in Glenwood Springs, Vail Health in Vail and Dillon, Grand River Hospital in Rifle, Aspen Valley Hospital in Aspen and Centura Health. All reported that Radiologic Technologists are needed to address current staffing challenges. Nationwide, jobs for the area have grown by 7.4%. Radiologic Technologists and Technicians can earn \$79,332, while MRI Technologists, which would require additional training and certifications, can earn \$91,724.

The new program will be housed at the Vail Valley at Edwards campus. We expect the program to begin in the Fall of 2024.



CLASSROOM	HYBRID	CONNECTED CLASSROOM	REMOTE REAL-TIME	ONLINE
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COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

## DRAWING & PAINTING

### CARTOONING



Develop your own characters based on observation, simplification, and design principles. Students can design their own comic or create a pitch for a cartoon series. Students can work digitally, traditionally, or in a combination of both.

W 5:30p-8p 1/24-3/20 Brundage Cost: \$200 Refund: 1/22

### DRAWING

Learn the fundamentals of drawing. This class covers sketching, composition, shading, drawing in 3-D, and more. After this class, you'll be able to bring your ideas to life with charcoal and graphite. No class February 26 or March 11.

M 5p-8p 1/22-3/25 Sage Cost: \$176 Refund: 1/19

### DRAWING - PAINTING OPEN STUDIO

Practice your craft during self-guided studio time. The studio is available whenever classes are not in session, with dedicated time from noon to 3pm on Wednesdays.

W 12p-4p 1/17-5/1 Cost: \$100 Refund: 1/15

### FUN WITH WATERCOLOR

Learn the basic watercolor painting techniques (Wet in Dry, Wet in Wet, Flat and Graded Washes) in a fun, no-pressure environment. You will first learn the basic techniques, and then move on to painting round objects. We will explore painting botanicals, landscapes, animals, people, and more. You can also bring a photo or object of something you'd like to paint for personal guidance. Even if you have experience with watercolor, you can sign up and learn new tips and tricks with guidance from a professional artist. A supply list will be provided upon registration.

Session 1 T 5:30p-8:30p 1/16-2/20 Adriansen Cost: \$175 Refund: 1/12  
Session 2 T 5:30p-8:30p 3/26-4/30 Adriansen Cost: \$175 Refund: 3/22

### LONG POSE FIGURE DRAWING



1 model, 1 pose, 3 hrs, all media welcome. Each week students will have 3hrs with a model to draw and paint in whatever media they choose with light anatomy and color theory along the way.

W 5:30p-8:30p 3/27-4/24 Brundage Cost: \$120 Refund: 3/25

### PAINTING

Develop your painting skills, techniques, and aesthetic sensibilities related to artistic expression with acrylic paint. Emphasis on color, form, line, and texture. We'll paint nature, animals, and more. Class is appropriate for beginners and more experienced painters. No class February 27 or March 12.

T 1:30p-4:30p 1/23-3/26 Sage Cost: \$176 Refund: 1/19

### WATERCOLOR WORKSHOP



Learn the fundamentals of Watercolor and explore different subjects in watercolor media.

W 10a-4p 3/13 Adriansen Cost: \$42 Refund: 3/11

**Need Guidance?**  
**CALL US!**  
VAIL VALLEY AT EDWARDS CAMPUS / 970-569-2900



COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

KNITTING

KICKOFF YOUR KNITTING SKILLS

This course is designed for new knitters. We will learn basic knit and purl stitches and flow from there based on the curiosity of the group. Some beginner skills include yarn types, needles and gauge, reading a pattern, casting on and off, increasing and decreasing stitches. Or join us again to continue to practice your foundation knitting skills and improve your stitch consistency, your confidence, and your flow. The first week bring your US size 6, 7, or 8 straight needles and #4 worsted weight cotton yarn or anything you already have. Wait until the first class to buy supplies, so I can coach you on what to look for. Limited supplies will also be available to borrow or purchase. Contact [jadrian@coloradomtn.edu](mailto:jadrian@coloradomtn.edu) for inquiries.

 T 5p-8p 1/16-2/20 Adrian Cost: \$140 Refund: 1/12

EXPANDING YOUR KNITTING SKILLS II



Can you knit and purl stitches, and increase and decrease to some capacity, and want guidance in taking the next steps? This course is designed for new frontier knitters to advance your practice. Go with the projects provided or bring in some paths you want to explore: colorwork, cabling, fitted garments, small toys, etc. As needed, we will add circular needles, double points, or variations in stitch combinations. The first week bring anything you have that you want to work with. Limited supplies will be available to borrow or purchase. Contact [jadrian@coloradomtn.edu](mailto:jadrian@coloradomtn.edu) for inquiries.

 T 5p-8p 3/19-4/23 Adrian Cost: \$140 Refund: 3/15

FOUNDATION SEWING & MENDING SKILLS



Let's look at the clothing items you love, the items that just don't fit right, the items that need repair. We will weave aspects of a sustainable fashion movement into our intentions while building skills such as hemming, patching, sewing on buttons, and visible mending. This is a basic sewing skills course, choose your own adventure. We will work mini-projects with skills that can be applied when you come across the need later. Possibly you can work on items you already have. Bring your own sewing machine and get introduced to its basics or do it all by hand. Each week a few supply options will be presented. Inquire if you need a machine to borrow at [jadrian@coloradomtn.edu](mailto:jadrian@coloradomtn.edu).

 T 9a-12p 3/19-4/23 Adrian Cost: \$140 Refund: 3/15

LITERATURE

SHAKESPEARE FOR FUN

The Bard doesn't have to be hard! Take a practical tour of Shakespeare. Meet Will Shakespeare and learn why his works are more popular today than ever. This "tour" will emphasize Shakespeare's works and times, as well as modern cultural literacy through short lectures, discussions, virtual "field trips," films, and videos. No previous Shakespeare experience required. This class is online. You will be sent a link prior to the first class.

 W 6:15p-8:15p 1/24-3/20 Gordon Cost: \$96 Refund: 1/22

CRAFTING SCENE - FORM AND FUNCTION



What exactly makes for a scene, whether in fiction or nonfiction? How is it created, and when should a writer employ it to advance a narrative? This workshop will teach participants how to craft compelling scenes, then how to deftly structure a narrative's passage through time. This workshop will help new and experienced writers of both fiction and nonfiction.

 T 6p-8p 1/16-2/20 Sappenfield Cost: \$150 Refund: 1/12

-  CLASSROOM
-  HYBRID
-  CONNECTED CLASSROOM
-  REMOTE REAL-TIME
-  ONLINE

COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

## PHOTOGRAPHY

### ADOBE LIGHTROOM CLASSIC FOR PHOTOGRAPHERS

Do you want straightforward, powerful ways to process your digital photos so they look their best? Are you looking for efficient tools to organize your photos so they're easy to find? Then this Adobe Lightroom Classic class is for you! Learn what you need to know to enhance the appearance of your photos in Lightroom Classic's Develop module, and manage your photos in the Library module. The instructor will provide you with practice photos and teach the essential steps for processing and managing digital photos. You must have your own Lightroom Classic. This class is online. You will be sent a log-in prior to the first class.

 WTh 5p-9p 1/31-2/1 Gandy Cost: \$85 Refund: 1/29

### ADOBE PHOTOSHOP FOR PHOTOGRAPHERS

Using Adobe Photoshop, this workshop will teach you to master quick and efficient photo processing techniques for consistently professional results, as well as more in-depth layering, compositing, and blending functions. If you want to go beyond Photoshop basics, this class will teach you more of the program's in-depth features made especially for digital photographers. You'll go step-by-step through the instructor's tried and true photo-processing workflow using Adobe Photoshop, Camera Raw, and/or the Develop Module from Lightroom, and Lightroom and/or Bridge's organizational power. Take your photographs to the next level and shave hours off your processing time. Go home with a solid workflow plan and an understanding of how to get the most out of Photoshop for photography. You must have your own Adobe Photoshop. This class is online. You will be sent log-in information prior to the first class.

 WTh 5p-9p 2/7-2/8 Gandy Cost: \$85 Refund: 2/5

### PHOTO I WITH SEAN F BOGGS

An 8-week exploration of the basic tools of making a picture with a portfolio product to take home at the end. You'll learn how to manipulate your photos by adjusting shutter speed, depth of field, composition, and lighting, and how to bring them all together for amazing photography.

 T 7:15p-9:15p 2/6-3/26 Boggs Cost: \$129 Refund: 2/2

### PHOTO II WITH SEAN F BOGGS

After you've got the basics of photography down, and you're familiar with all of the settings for your camera, join this 8-week class to take your photos to the next level. You'll learn more tips and tricks for creating breathtaking photography.

 T 5p-7p 2/6-3/26 Boggs Cost: \$129 Refund: 2/2

# NEW FOR FALL 2023

## BACHELOR OF APPLIED SCIENCE IN INTEGRATED MEDIA

Learn in-demand skills to launch your career in digital marketing, media production, content creation, and more. Prepare to join the modern media landscape in three areas of focus: content creation, communication, and marketing.

OFFERED AT CMC SPRING VALLEY AT GLENWOOD SPRINGS

 [ColoradoMtn.edu/ischool](https://ColoradoMtn.edu/ischool)

  
COLORADO  
MOUNTAIN COLLEGE  
isaacson  school



 CLASSROOM  HYBRID  CONNECTED CLASSROOM  REMOTE REAL-TIME  ONLINE

# FACULTY SPOTLIGHT

## ► SAMANTHA STEWART



Samantha Stewart is definitely the person you want by your side in a medical emergency. She will distract you with her humor and energy and before you know it, she'll have the scene under control and you feeling like you have a friend during the scary stuff.

Sam joined Colorado Mountain College in August as our EMT (Emergency Medical Technician) Basic faculty. But, she is not new to Colorado. She grew up in Paonia, then went to Colorado State University for a degree in Social Work, with a minor in Sociology. Then, she got her EMT certificate from Denver Health and “ran away” to the beach in South Carolina. There, she worked as an EMT and Paramedic, as well as a Flight Paramedic. She was looking for ways to return to Colorado and make Emergency Medical Services a life-long career when the opportunity at CMC came up.

“It was the perfect storm,” Sam said. “I love being a paramedic, but I decided that home wasn’t so bad after all, and wanted to live closer to home. This was the perfect opportunity. I want to build a career here.”

One of her most vivid memories from her time in South Carolina was being in a medical helicopter as it was landing on an interstate late at night, seeing headlights and taillights stopped on the road for miles.

“I just remember thinking about all of those people watching us land,” Sam explained. “It was pretty wild to think of how far I’ve come from tiny little Paonia to this intense accident on an Interstate in the middle of South Carolina.”

Sam is a great fit for the EMS life, and for being a faculty, helping the next generation learn the skills necessary to run their own scenes.

“I’m bossy and I like being in charge,” Sam joked. “I like running my own scene. And, I love how excited all of my students are. It’s a profession and a career I’m excited about, and I get to have 15 people as excited as I am in class every single day.”

She is convinced that more people would be a good fit for the profession than think that they are.

“I think a lot of people could do the job, as long as they are open minded and up for the challenge,” Sam said. “I’ll teach you all of the tools. You can do this! Just do the work and learn the information. Learn to use your ‘I mean it’ voice. That’s really half the battle. I think people would be surprised. It sounds scarier and more intimidating than it is in practice.”

While the back of an ambulance is her favorite place to be, Sam is also mindful about having a good balance in her life. When she’s not in the classroom, she likes to run, eat healthy, walk her dogs and go home to Paonia.

If being in the back of an ambulance running your own scenes as an EMT appeals to you, go online for more information, <https://coloradomtn.edu/programs/emergency-medical-technician/>, or make an appointment with a College Counselor or Academic Advisor.



## FACULTY SPOTLIGHT

### ► CLAYTON ALLISON

Clayton Allison has a special talent not only for being able to build, repair and service vehicles of all shapes and sizes, but also for igniting the passion of his students in the Concurrent Enrollment Automotive Program at Eagle Valley High School.



“My favorite part about working with students is their excitement of figuring out a problem,” Clayton said. “I really enjoy giving them real-world knowledge that they will be able to use whether they go into the trade or not. It is so much fun sharing my passion with the students.”

Clayton lived in the Eagle River Valley for most of his life, though he was born in California and currently lives in Battlement Mesa with his wife and three children.

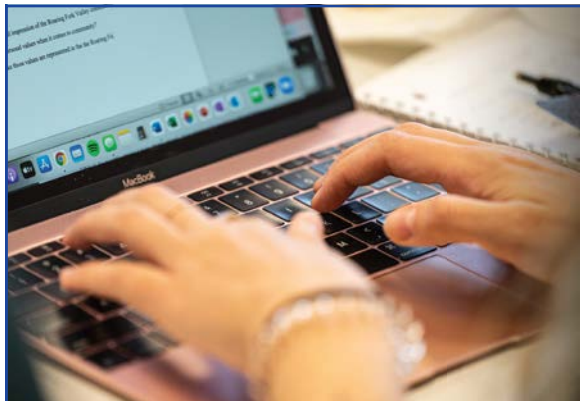
After graduating from high school, Clayton started working construction jobs, but discovered a passion for being a mechanic. He started working on consumer automobiles, and then took a new position working with heavy equipment and trucks for Eagle County. Before joining CMC full-time, he was was a tech with Eagle County, tapped with working with interns. It was that experience that lit the spark for teaching.

“That internship program was the main reason for me wanting to do this for a career,” Clayton explained. “I have never had a job that was more rewarding than teaching and working with students.”

Clayton keeps up on trends in the automotive and mechanics industry, and enjoys working with vendors so he understands the evolution of the industry and can teach his students how to adapt to new technologies.

When he’s not working with high school students, you can find him in the outdoors hunting, camping, fishing and off-roading. “During the summer, my family is always exploring the mountains and trying to find new and fun places to camp,” Clayton said.

The CEPA Automotive Program at EVHS currently has more than 40 students enrolled, many of whom will be ready to begin a career after graduating, having earned Certificates of Occupational Proficiency in Brakes, Automotive Electrical Systems, Intro to Automotive Facility Operations & Vehicle Maintenance, Engine Repair, Heating & Air Conditioning, Suspension & Steering, and Automatic Transmissions.



## COLORADO MOUNTAIN PROMISE

Every Coloradan deserves the opportunity to go to college. CMC will cover tuition for Colorado residents whose family income is below \$70,000. If you're an independent student (typically over 24 years of age) we'll cover tuition if your household income is \$50,000 or less.

### GET STARTED

at [coloradomtn.edu/colorado-mountain-promise](http://coloradomtn.edu/colorado-mountain-promise)

COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE



## BUSINESS & FINANCE

### FINANCIAL LITERACY

*If you don't find a way to make money while you sleep, you will work until you die. Come learn the basic concepts and buzzwords surrounding money, credit, debt, taxes, and investments. What is money? How does it affect your life? Do you control it, or does it control you? This course will give you the foundation to understand the financial options you will encounter, to control the money in your life, and to avoid the traps of an expensive credit card society. Make money, credit, and debt work for you...even while you sleep.*



Th

6p-8p

3/7-3/28

Thompson

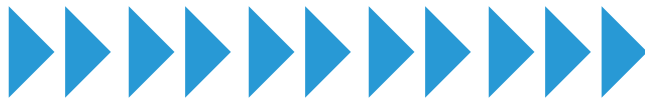
Cost: \$49

Refund: 3/5

**Many more online classes are available!**  
**Convenient professional development. Participate 24/7**

CMC has partnered with **UGotClass** to offer you online professional development. The topics are current and the instructors are experts in their fields. The course content is rolled out in weekly units and you are able to participate anytime, 24/7, from any computer with an Internet connection.

For more information, including class descriptions, dates and costs:  
[coloradomtn.edu/professionaldevelopment](https://coloradomtn.edu/professionaldevelopment) then click on **UGotClass**.



- CLASSROOM
- HYBRID
- CONNECTED CLASSROOM
- REMOTE REAL-TIME
- ONLINE



## LEARN THE LATEST COMPUTER PROGRAMS!

### COMPUTERS

#### GENERAL COMPUTER SKILLS

##### BUYING AND SELLING ON EBAY

Do you have a garage full of stuff you no longer need or want? Or, are you looking for that one item to make a collection complete? Find what you're looking for and make money by selling your unwanted items on eBay, the world's biggest garage sale. Learn the basics of bidding, buying and selling on eBay in one morning. By the end of this class, you'll be able to purchase items on eBay with confidence, and you'll be on your way to listing your prized possessions in the digital marketplace.



Th

8:30a-12:30p 4/30

Hintermeister

Cost: \$59

Refund: 4/30

#### MAC-BASED PROGRAMS

##### INTRO TO MACINTOSH MAC OS

Explore the operating system for your Mac. Learn to manage files and folders, and save and open files by navigating the folder hierarchy. Understand basic hardware and computer operations, as well as how to manage memory and storage space. We'll also cover the included applications: Safari, Calendar, Mail, Contacts, and Finder. Basic computer skills recommended.



TTh

8:30a-12:30p 4/9-4/16

Hintermeister

Cost: \$89

Refund: 4/5

#### WINDOWS-BASED PROGRAMS

##### CLEAN UP YOUR WINDOWS COMPUTER

Slow computer driving you crazy? Learn how to keep your Windows system running smoothly, and check for problems that may cause your hard drive to fail. You'll learn how to delete temporary files and cookies from your web browsing and software updates. We'll also cover how to install and run free anti-virus and malware programs that keep your computer safe from those threats. Finally, you'll learn how to back up your data and create a system image so when your hard drive fails, you can recover your system with minimal effort and expense. To get the most out of class, bring your laptop with you.



T

8:30a-12:30p 4/2

Hintermeister

Cost: \$59


Refund: 3/29



COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

## COMPUTER BASICS WINDOWS 10

Make the most of your Windows 10 experience. Windows 10 is the latest version of Microsoft's operating system (OS) for personal computers. We'll cover basic terminology and provide plenty of hands-on exercises. You'll learn to navigate the Windows hierarchy of folders and files to open, save and move documents. Learn how to organize your system to reflect how you use your computer, as well as how to use a variety of applications. By the end, you'll be proficient enough to go home and work with confidence on your own computer. If you own a laptop with Windows 10, bring it to class.

 TTh 8:30a-12:30p 1/30-2/6 Hintermeister Cost: \$89 Refund: 1/26

## MICROSOFT EXCEL 2021 BEGINNING

If you work with numbers, graphs, and databases, Excel will help you get things done. Practice the fundamentals of Excel, such as moving around in the spreadsheet, entering and modifying data, and formatting. We'll also cover formulas, functions, templates, print layout, and managing workbooks. Whether you are a beginner or someone who has been using Excel superficially for some time, this class is the place to start! Taught with Excel for Windows, but generalizable to the Mac version. The cost includes a workbook; please register in advance. If you want to copy the class files that go with the workbook, bring a flash drive to class.

 TTh 8:30a-12:30p 2/20-2/27 Hintermeister Cost: \$124 Refund: 2/16

## MICROSOFT EXCEL 2021 INTERMEDIATE

This second-level class covers a large variety of topics such as: creating and using cell and range names; using logical, date - time, and text functions; sorting and filtering data; and outlining and subtotaling data. Additionally, we'll learn how to create table objects and charts, apply conditional formatting, and work with pivot tables. This class will help you take your use of Excel to the next level. Taught with Excel for Windows, but generalizable to the Mac version. Cost includes workbook; register a week in advance. If you want to copy the class files that go with the workbook, bring a flash drive to class.

 TTh 5:30p-8:30p 3/19-3/28 Hintermeister Cost: \$124 Refund: 3/15

## MICROSOFT EXCEL 2021 ADVANCED

This course is intended for students who are experienced Excel 2016 users that want to work with some more advanced Excel features. Material covered includes: performing advanced data analysis (such as LookUp functions); working with multiple worksheets and workbooks; sharing and protecting workbooks; applying data validation and formula auditing; and forecasting data. You'll also learn to collaborate with colleagues; automate complex or repetitive tasks; and use conditional logic to put the full power of Excel at your fingertips. Taught with Excel for Windows, but generalizable to the Mac version. Cost includes workbook; please register a week in advance. If you want to copy the class files that go with the workbook, please bring a flash drive to class.

 TTh 8:30a-12:30p 4/18-4/25 Hintermeister Cost: \$124 Refund: 4/16

## MICROSOFT WORD INTERMEDIATE

In this class, you will learn to create and modify complex documents and use tools to customize those documents. You will organize content using tables and charts; customize formats using styles and themes; insert content using quick parts; use templates to automate document formatting; control the flow of a document; simplify and manage long documents; and use mail merge to create letters, envelopes, and labels. Some computer experience required. Please register at least one week in advance to ensure you have a workbook.

 TTh 5:30p-8:30p 3/5-3/14 Hintermeister Cost: \$124 Refund: 3/1

**LIKE WHAT YOU SEE? REGISTER NOW!**

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 CLASSROOM  HYBRID  CONNECTED CLASSROOM  REMOTE REAL-TIME  ONLINE

## ESL & AHSD/GED CLASSES!

### ENGLISH AS SECOND LANGUAGE CLASES DE INGLÉS COMO SEGUNDO IDIOMA!

Registration is online. Go to: [ColoradoMtn.edu/esl](http://ColoradoMtn.edu/esl)

Contact the front desk if you need assistance, 970.569.2900. Scholarships available.

#### LEVELED AM CLASSES

Five levels offered: Advanced, High Intermediate, Low Intermediate, High Beginning, Low Beginning.



TTh

9:30a-11:50a

1/30-4/18

Cost: \$55

#### LEVELED PM CLASSES

Five levels offered: Advanced, High Intermediate, Low Intermediate, High Beginning, Low Beginning.



MW

6p-8:20p

1/29-4/17

Cost: \$55

### INTENSIVE ESL

#### SPEAKING & LISTENING



T

6p-8:20p

1/23-4/16

Nicolai

Cost: \$110

#### GRAMMAR & VOCABULARY



Th

6p-8:20p

1/25-4/18

Nicolai

Cost: \$110

### GENERAL EQUIVALENCY DIPLOMA (GED)

#### GED PREPARATION ENGLISH



W

6p-8:20p

1/24-4/17

Schoonmaker

No Cost

#### ADULT HIGH SCHOOL DIPLOMA (AHSD)

Students must take the following classes during the same semester. Cost for the four one-credit classes is \$50. Enrollment is rolling. Students can start at any time, but must finish all classes in the same semester.

- ▶ Colorado History
- ▶ Civics & Citizenship
- ▶ Genocide/Holocaust
- ▶ Reading, Math, Digital Literacy



TTh

6p-8:20

1/23-4/18

Schoonmaker

Cost: \$50

COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE

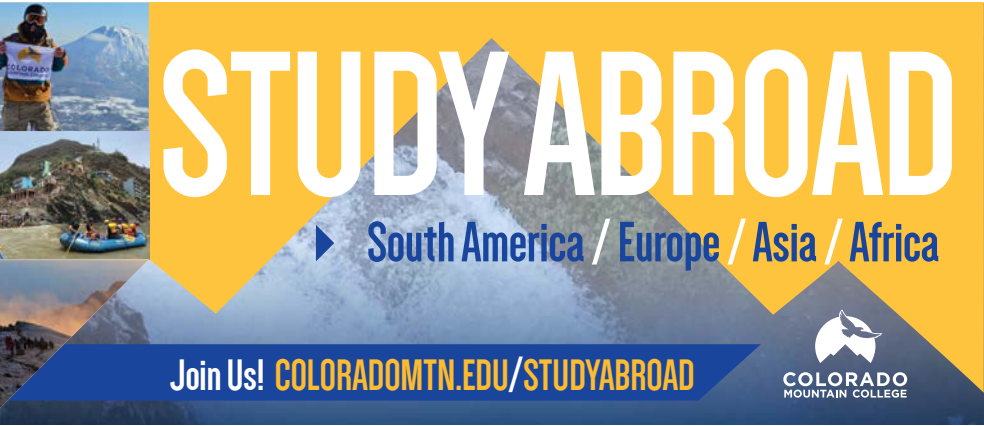


# FOREIGN LANGUAGE

## BEGINNING ITALIAN

This class is for beginning students who want to speak Italian. We'll cover basic vocabulary, grammar, and expressions used in daily situations and while traveling. Text: "Italian for Dummies," 2nd edition.

 M 6:30p-8:30p 1/22-4/1 Giuliani Cost: \$140 Refund: 1/19



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COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE



## HEALTH & WELLNESS

### AMERICAN HEART ASSOCIATION CPR SKILLS AND TESTING

*This session is for students who have completed the online portion of a blended learning American Heart Association BLS for Healthcare Provider, CPR, or First Aid/CPR course - need to complete a hands-on skills session and testing in order to receive their certification.*

*This course does NOT include an online key for the eLearning portion of the course. You must bring a completed certificate from the American Heart Association online eLearning portion of the course in order to participate in this skills session.*

*Visit <https://shopcpr.heart.org> to purchase and complete the online eLearning training portion of one of the following courses and bring your completion certification to the skills session:*

- ▶ HeartCode BLS – CPR and AED Training (AHA Product Code 20-3553)
- ▶ Heartsaver First Aid CPR AED Online (AHA Product Code 20-1440)
- ▶ Heartsaver CPR AED Online (AHA Product Code 20-1401)

*Testing occurs every 45 minutes from 9am to 3pm. Please register online to reserve your testing slot.*



Sa

2/17, 4/20

Coakley

Cost: \$55

### THE HAPPINESS HABIT

*Learn a simple technique to tie habits, goals, and outcomes – no math!*



Sa

10a-12p

3/9

Krohlow

Cost: \$29

Refund: 3/7

## LIKE WHAT YOU SEE? REGISTER NOW!

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# STUDENT SPOTLIGHT

## ► URMILA TIMILSINA

We're often told to not let opportunities pass us by. CMC Medical Assisting student Urmila Timilsina not only doesn't let opportunities pass her by, she also seeks out new opportunities, and creates her own opportunities. She is determined to grow and change, and meet challenges head on, all in the name of creating a better life for her and her family.

"I am from Nepal, and moved to the United States in 2010, and my life completely changed.

Everything was new and I had to learn to adapt," Urmila said. "I had to create a whole new life for myself, and that taught me to always look for opportunities."

Urmila settled in Dallas, Texas after arriving in the US, and spoke no English. So, she applied herself and learned English, and earned her license in Cosmetology. She got married in 2013, and shortly after they wed, her husband had a good job opportunity at the Ritz Carlton in Vail. They thought they would try it for a year and move somewhere else, but they fell in love with the valley and the mountains, so they bought a home and started a family.

She started at Colorado Mountain College in 2017, but paused her studies to stay home with her two children. With both children now old enough to be in school, Urmila saw the opportunity to return to school.

"I know I want to go into the nursing field," Urmila said. "Right now, I'm studying Medical Assisting, but want to earn my Registered Nurse degree so I can help people. I enjoy helping people."

Urmila was on campus for a class when she saw a flyer for the TRIO program, and seized on the opportunity to get the additional support TRIO offers, and then took the opportunity to work with TRIO to help other students. She is now a Student Mentor for TRIO on the Vail Valley campus, helping other students learn how to balance work and school.

"I am a full-time mom and a full-time student, and it is hard. It's very challenging," Urmila said. "I try to study in the morning before the children are awake, and then study after they go to sleep at night. My husband supports me and my kids understand. You just have to figure out how to manage your time."

Urmila plans to graduate in the Fall of 2024 with her Medical Assisting degree, and will then apply to the Nursing program.

When she's not at school, Urmila and her family enjoy cooking, hiking, cycling, and finding the best parks in Eagle County.

"We like to make memories," Urmila said.



COURSE METHOD / DAY / TIME / DATES / INSTRUCTOR / COST / REFUND DATE



## PHYSICAL ACTIVITY & DANCE

### DANCE

#### ADULT THEATRICAL DANCE

Brought to you by the dancers of the Vail Valley Theatre Company! This course is a fun and casual dance class for those hoping to improve or learn theatrical dance techniques. Designed for students of any level, those new to dance, or those who just want to dust off their old dancing shoes and have a bit of fun. We will explore tap, jazz, and ballet and learn some great musical theater numbers. Ages 16+.

Session 1		T	6:15p-7:15p	2/20-3/26	Manahan/Sullivan	Cost: \$50	Refund: 2/16
Session 2		T	6:15p-7:15p	4/2-4/30	Manahan/Sullivan	Cost: \$50	Refund: 3/29

#### TAP DANCE

Grab your tap or hard-sole shoes and join Kitty, our amazing dance instructor, for a fun, spirited dance class! You'll increase your balance and find your rhythm as you shuffle-hop-step your way to fun and fitness. It will be the most fun part of your fitness routine!

	T	8:30a-9:30a	1/16-4/30	Gwathmey	Cost: \$75	Refund: 1/12
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## PHYSICAL EDUCATION

#### MAT PILATES – HYBRID

Pilates is a full-body workout – combining upper and lower bodywork, with a strong emphasis on the core. You'll strengthen the muscles of your arms, hips, back, abdominals, and glutes. You will see changes in a matter of weeks with consistent practice. This class is hybrid. You may join online from the comfort of your home, or join us in person in our studio. You will receive a log-in for the live stream prior to the first class.

	MTh	8:30a-9:30a	1/15-5/2	Herman	Cost: \$190	Refund: 1/12
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#### VINYASA YOGA

Vinyasa, or flow, yoga is a practice that combines asanas (poses), fluid movement, and breath with meditation. This is a slow, deliberate practice, with transitions between movements made while inhaling and exhaling. Some previous yoga experience is strongly recommended.

	TTh	5p-6p	1/23-3/21	Gordon	Cost: \$96	Refund: 1/19
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CLASSROOM	HYBRID	CONNECTED CLASSROOM	REMOTE REAL-TIME	ONLINE
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# FEATURED CLASSES from Around CMC!

Take a fun community education class at another CMC campus or online! For complete information, including a description, go to [Community-Education.ColoradoMtn.edu](https://Community-Education.ColoradoMtn.edu)

## ASPEN

### QUILTING CIRCLE

 Th 3/21 - 4/25 9a-12p \$149

### GUITAR I

 M 1/29 - 4/15 6p-8p \$159

## CARBONDALE


### FUNDRAISING FUNDAMENTALS

 T 1/16 - 1/30 7p-8:15p \$49

### BEYOND FUNDAMENTALS IN FUNDRAISING

 T 2/20 - 3/5 7p-8:15p \$49

### APOCALYPSE 101 SURVIVING A LONG EMERGENCY

 Sa 4/27 10a-1p \$29

### BEGINNER CLASSIC CROSS COUNTRY SKIING

 For Sa 1/12, 1/13, 1/19, 1/20, 1/26 10a-11:30a \$35


### BEGINNER SKATE CROSS COUNTRY SKIING

 For Sa 1/5, 1/6, 1/19, 1/26 10a-11:30a \$35

### BEGINNING FOOD GARDENING

 W 3/27 6p-8p \$29

### HAND WOVEN BASKETS FOR BEGINNERS

 M 2/5 9a-3p \$99

### SPRING PLANTING IN THE ROCKIES

 W 3/6 or 3/21 6p-8p \$29

## SALIDA

### ACRYLIC LANDSCAPE PAINTING WITH BOLD COLOR

 W 1/24 or 2/13 9a-12:30p \$69


### BETTER SLEEP FOR BETTER HEALTH

 W 4/3 - 4/24 2p-3:15p \$39

### INTRO TO ARCHEAOLGY OF THE ROCKY MOUNTAINS AND ADJACENT REGIONS

 W 1/17 - 2/21 1p-2:30p \$69

### NATURE MOSAIC TILING

 F 3/8 - 3/22 3p-5p \$79

## STEAMBOAT SPRINGS

### FROM JOURNAL WRITING TO BOOK EDITING

 M 1/15 - 1/29 6pm - 8pm \$59

### STRATEGIES BEHIND WRITING & FINISHING YOUR BOOK

 M-F 3/6 - 3/19 6p-7:30p \$129

### FINAL EFFECTIVE REWRITING - PART 1

 MF 4/1 - 4/29 6p-8p \$99


### APPETIZERS AND HOR D'OUVRES

 W 3/20 5:30p-8:30p \$79


### BODACIOUS BEER EXPO

 Th 2/1 6:30p-8:30p \$79

### HOME/SMALL BUSINESS CYBER PROTECTION BASICS

 F 2/2 10a-3p \$49

### WEST COAST WINES

 Th 3/28 6:30p-8:30p \$79

**LIKE WHAT YOU SEE? REGISTER NOW!**

► Visit [Community-Education.ColoradoMtn.edu](https://Community-Education.ColoradoMtn.edu)

## CMC IS A DUAL MISSION COLLEGE

We offer Bachelor's Degrees, Associate Degrees, and Professional Certifications as well as community education classes.

### DEGREES OFFERED AT COLORADO MOUNTAIN COLLEGE

#### BACHELOR'S DEGREES:

- ▶ Applied Science, Leadership & Management
- ▶ Business
- ▶ Ecosystems Science & Stewardship
- ▶ Education
- ▶ Human Services
- ▶ Integrated Media
- ▶ Nursing
- ▶ Sustainability Studies

#### ASSOCIATE DEGREES:

- ▶ Accounting: Bookkeeper
- ▶ Addiction Studies
- ▶ Business
- ▶ Culinary Arts
- ▶ Dental Hygiene  
– Pending Accreditation
- ▶ Early Childhood Education
- ▶ Ecosystem Science & Management
- ▶ Elementary Teacher Education
- ▶ EMT Paramedic
- ▶ Environmental Science
- ▶ Environmental Studies
- ▶ Health Science
- ▶ History
- ▶ Hospitality Management
- ▶ Information Technology
- ▶ Medical Assistant
- ▶ Philosophy
- ▶ Psychology
- ▶ Social Work
- ▶ Spanish

#### CERTIFICATE PROGRAMS:

- ▶ Accounting
- ▶ Addiction Studies
- ▶ Culinary Arts
- ▶ Early Childhood Education
- ▶ EMT
- ▶ Medical Billing & Coding
- ▶ Nurse Aide
- ▶ Pharmacy Technician
- ▶ Spanish Proficiency
- ▶ **And More!**



### LOOKING FOR A DEGREE?

▶ Visit [ColoradoMtn.Edu/register](https://ColoradoMtn.Edu/register) to get started!

# CREDIT CLASSES

## AT A GLANCE

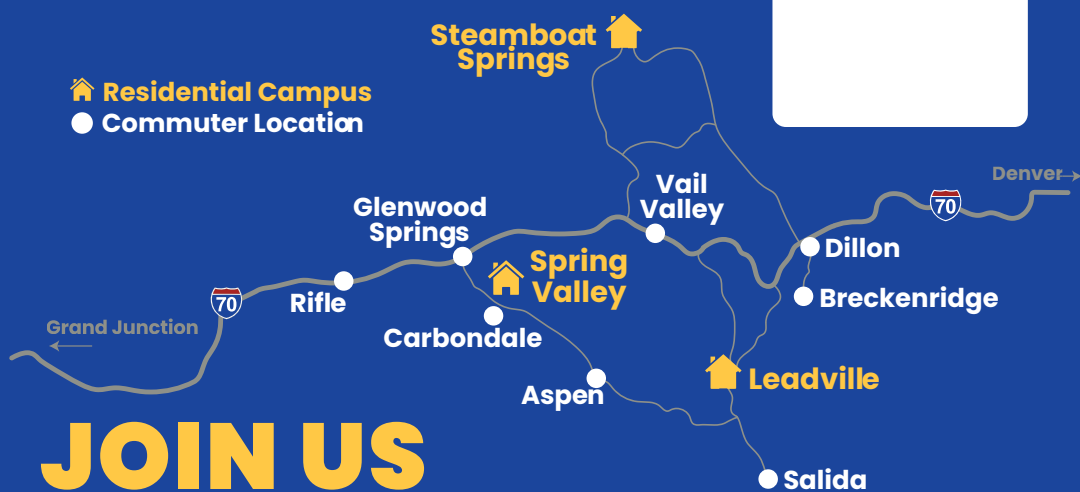
The following credit courses are offered at the Vail Valley Campus or online. For the complete credit class schedule with full details on course meetings, locations and descriptions go to [ColoradoMtn.edu/classes](https://coloradomtn.edu/classes)

Colorado Mountain College offers several registration options for credit classes, depending on your admissions status.

- ▶ Registration for current degree-seeking students:  
[Basecamp.ColoradoMtn.edu](https://basecamp.coloradomtn.edu)
- ▶ Registration for all other students: [coloradomtn.edu/register](https://coloradomtn.edu/register)

Classes are subject to change and availability.

COURSE CODE/SYN #	COURSE TITLE	CREDITS	DAY	TIME	DATES
ACC-1012/ <b>45043</b>	Intro to Manag Acct	3	M/W	4p-5:50p	1/15-5/1
ART-1110/ <b>43235</b>	Art Appreciation	3	T	3p-7:15p	1/16-4/30
ART-1302/ <b>43233</b>	Painting 2	3	Th	3p-7:15p	1/18-5/2
ART-1306/ <b>43217</b>	Pastel Painting	3	M	1p-4:50p	1/15-4/29
BUS-1015/ <b>43151</b>	Intro to Business	3	T	6p-8:50p	1/16-4/30
COM-3000/ <b>43150</b>	Professional Communication	3	Th	6p-8:50p	1/18-5/2
CUA 1018/ <b>47111</b>	Vegetable Production	1	M	4p-9:30p	2/12-3/18
CUA 1028/ <b>47107</b>	Breakfast Cookery	1	M	4p-9:30p	1/8-2/5
CUA 1041/ <b>47114</b>	Intro to Baking Principles	1	W	4p-9:30p	1/10-2/7
CUA 1042/ <b>47115</b>	Basic Yeast-Raised Prod. & Quickbreads	1	W	4p-9:30p	2/14-3/20
CUA 1043/ <b>47118</b>	Baking Cakes, Pies & Pastries	1	W	4p-9:30p	3/27-4/24
CUA 2051/ <b>47113</b>	Advanced Garde Manger	1	M	4p-9:30p	3/25-4/22
ECO-2002/ <b>43162</b>	MicroEconomics	3	M	1p-2:50p	1/15-4/29
FIN-3031/ <b>43156</b>	Financial Markets and Institutions	3	M	6p-8:50p	1/15-4/29
MAT-1260/ <b>43238</b>	Intro to Stats	4	MW	3p-4:50p	1/15-5/1
MAT-1340/ <b>47347</b>	College Algebra	5	TTh	4p-6:30p	1/16-5/2
OUT-1520/ <b>43236</b>	Ice Climbing	1	TTh SaSu	6p-6:50p 8a-6p	2/13-2/18
OUT-1670/ <b>47368</b>	Avalanche Level 1	1	MTWTh	6p-8p 8a-4p	2/19-2/22
PHI-2005/ <b>45246</b>	Business Ethics	3	W	6p-8:50p	1/17-5/1
PED-1041/ <b>43225</b>	Pilates Matwork	3	MW	5p-5:50p	1/15-5/1
PED-1043/ <b>43220</b>	Yoga 1	3	M	6p-7:50p	1/15-4/29



# JOIN US THIS SPRING!

**CMC HAS ELEVEN CAMPUSES** throughout its central Colorado district. This class schedule features some of the classes offered in your area, but you have access to hundreds of specialty class offerings throughout the entire district.

**OUR COMMUNITY EDUCATION CLASSES** include an Italian breads workshop in Summit County, a geology field trip in the Roaring Fork Valley, and a mineral springs tour in Steamboat. With so many to mention, find them all online at [Community-Education.Coloradomtn.edu](https://Community-Education.Coloradomtn.edu)

**IF YOU'RE LOOKING FOR CREDIT CLASSES** to apply to your degree, or a new career program to start, you have a multitude of options in our district. Classes are offered in a variety of formats, from in-person to online. Easily search the whole menu at [ColoradoMtn.edu/classes](https://ColoradoMtn.edu/classes).

**REGISTRATION INFORMATION** for all types of classes can be found on page 4 of this schedule.

