

ASPEN/CARBONDALE

REGISTRATION IS OPEN! Classes Start as Early as May



# Need help? Give us a call!

#### **ASPEN CAMPUS**

255 Sage Way, Aspen, CO 81611 970-925-7740 cmcas@coloradomtn.edu HOURS Mon-Thurs 8a-5p / Fri. 8a-4p

#### **CARBONDALE CAMPUS**

690 Colorado Ave, Carbondale, CO 81623 970-963-2172 cmccb@coloradomtn.edu HOURS Mon-Thurs 9a-7p / Fri. 9a-4p

NOTE: Evening closing hours vary with the academic calendar and dismissal of the latest evening class.

#### SCHEDULE/HOLIDAYS

Memorial Day / May 27 Independence Day / July 4

# WHAT'S THE DIFFERENCE BETWEEN CREDIT & COMMUNITY EDUCATION CLASSES?

**CREDIT CLASSES** count towards earning a college degree or certificate. Students must apply to CMC before registering for credit classes. Community members and non-degree seeking students are welcome to take many of our credit classes.

#### **COMMUNITY EDUCATION**

**CLASSES** are short-term and intended for enrichment and lifelong learning. Anyone may register for these classes (some age restrictions apply). Also known as non-credit classes.

**REGISTRATION** Please register as early as possible for classes that interest you. Each class has both a minimum and maximum number of students who may enroll. To secure your spot in classes, it's best to register early!

Colorado Mountain College does not discriminate on the basis of age, color, disability, gender identity, marital status, national or ethnic origin, political affiliation, race, religion, sex (including pregnancy), sexual orientation, veteran status, and family and genetic information, in its programs and activities as required by Title IX of the Education Amendments of 1972, Title II of the Americans with Disabilities Act of 1990, as amended, Section 504 of the Rehabilitation Act of 1973, Titles VI and VII of the Civil Rights Act of 1964, the Age Discrimination Act of 1975, and as provided in other applicable statutes and College policies. The College prohibits sexual and gender-based harassment, including sexual assault, and other forms of interpersonal violence. Colorado Mountain College will take appropriate steps to ensure that the lack of English language skills will not be a barrier to admission and participation in vocational education programs. For additional information contact: Title IX Coordinator, 802 Grand Avenue, Glenwood Springs, CO 81601, 970-947-8351, Idoak@coloradomtn.edu, or Director of Human Resources, 802 Grand Avenue, Glenwood Springs, CO 81601, 970-947-8311, awurtsmith@coloradomtn.edu.

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## **LOCATION KEY**

AM Aspen Meadows Resort, 845 Meadows Rd, Aspen, CO 81611

33-35 ONLINE LEARNING & REMOTE REAL-TIME CLASSES

- AS CMC Aspen, 0255 Sage Way, Aspen
- CB CMC Carbondale Lappala Center, 690 Colorado Ave, Carbondale
- GW CMC Glenwood Springs, 1402 Blake Ave, Glenwood Springs
- MB Morgridge Basalt, 22860 Two Rivers Rd, Unit 202, Basalt
- OLM Marissa Lins Pilates, 23400 Two Rivers Rd, Suite 30, Basalt
- TAC The Aspen Clinic, 1460 E. Valley Rd, Suite 221, Basalt

## **FOLLOW US ON**







**INSTAGRAM** 

# COMMUNITY EDUCATION CLASS REGISTRATION

Browse upcoming classes and register online at **Community-Education.ColoradoMtn.edu**.
Or register in person at your local campus.

Payment is due at time of registration. Refunds are only issued if you drop the class by 5:00 pm, two (2) business days prior to the first day of class.

# CREDIT CLASS REGISTRATION

**CURRENT STUDENTS:** If you have taken credit classes in the past 10 months, you may register in person or online at **Basecamp.ColoradoMtn.edu** 

**NEW OR RETURNING STUDENTS:** If you are new to CMC or have not taken credit classes in the past 10 months, you will need to complete an online application for admission. Visit ColoradoMtn.edu/register to get started.

**ACADEMIC ADVISING:** All students, including degree, certificate, and career-seekers, are strongly encouraged to make an appointment with a college counselor/advisor.

**TUITION:** Tuition rates per credit hour are as follows: \$100 (in-district residents); \$200 (in-state residents); and \$510 (out-of-state residents). Some programs have higher tuition rates. For more information about your tuition classification, visit ColoradoMtn.edu/Tuition. Military/Veterans, citizens aged 62 and over, and second homeowners within CMC's district may qualify for reduced tuition rates.

**PAYMENT FOR CREDIT CLASSES:** Registrations prior to April 22: payment and/or payment arrangements are due before midnight on April 22 For registrations made after April 22: payment and/or payment arrangements are DUE BEFORE MIDNIGHT THE DAY FOLLOWING REGISTRATION.

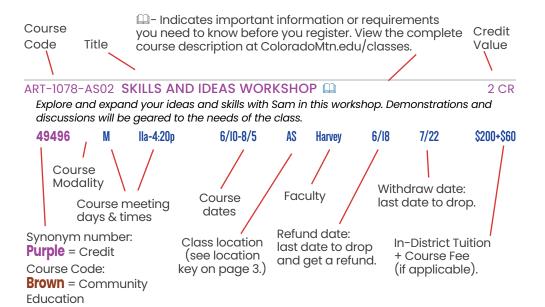
**TECHNOLOGY FEES:** Students pay a technology fee every semester based on their credit load with a maximum of \$50/semester.

**DROPS & REFUNDS:** Log into Basecamp and drop online or fill out a Registration Add/Drop form and submit it to the campus. To receive a refund, the class must be dropped by the listed refund date in the syllabus. Students who drop classes after the refund date will not receive a refund.

**TEXTBOOKS:** The Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on the number of credit hours (\$25/credit hour). See **ColoradoMtn.edu/Textbooks** for more info.

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP

## **HOW TO USE THIS SCHEDULE**



	CLASS TYPES						
2	CLASSROOM Attend class in-person at scheduled times at a CMC campus or location.						
2+	HYBRID   Attend class in-person at scheduled times & experience remote or online instruction. The percentage of in-person & remote or online instruction varies by course.						
2/2	<b>CONNECTED CLASSROOM</b>   Attend class in-person and/or through a designated technology at scheduled times. The required method of attending varies by course.						
	<b>REMOTE REAL-TIME</b> Attend class using a designated technology at scheduled times.						
	ONLINE   Experience the class online. Follow the schedule of course work with due dates & times.						

* APPLIES TO C	CMC AA/AS DEGREE		◆ COLORADO S	TATE GU	JARANTEED TRANSFER (	COURSE	
CLASSROOM	Q+ HYBRID	2/2	CONNECTED CLASSROOM		REMOTE REAL-TIME	<b>—</b> 0	NLINE
LMP REOU	JIRED FEE		DON'T FORGET TO CALL	OUR FR	ONT DESK FOR YOUR SUI	PPLY LIST	

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LMP



### **Art - ASPEN**

#### **CERAMICS**

The supply fee for ceramics classes covers 25# of clay, glaze and firing expenses. Contact the instructor for a supply list. Students must drop the course one day prior to the start date to receive a supply fee refund.

#### ART-1078-AS02 SKILLS AND IDEAS WORKSHOP

2 CR

Explore and expand your ideas and skills with Sam in this workshop. Demonstrations and discussions will be geared to the needs of the class. Open to students that have completed Ceramics I or equivalent/with permission of instructor.

**49496 ♣♣ M IIa-4:20p 6/I0-8/5 AS Harvey 6/I8 7/22** \$200+\$60

ART-1078-AS03 **SKILLS AND IDEAS WORKSHOP** □ **2** CR

49498 M 5:10p-9:40p 6/10-8/5 AS Harvey 6/18 7/22 \$200+\$60

#### **CERAMIC WEEKEND MEMBERSHIP FOR ART-1078**

Enjoy weekend access to the Ceramics Studio at the Aspen campus. Membership is only available to students who are concurrently enrolled in credit-bearing ceramics course and is only available during the duration of the credit-bearing course. This section is for students enrolled in the full 10-week summer ART 1078 Skills and Ideas courses only.

SSu 9a-5p 6/I5-8/4 AS TBD 6/I3 \$60

MODALITY / DAY LOC FACULTY REFUND WITHDRAW DATES FEES & LMP

#### \* ART-2001-AS01 THROWN & ALTERED 🛄

1 CR

Take your artistic style and voice to the next level through this workshop that explores on-the-wheel and off-the-wheel alteration techniques for functional and sculptural work originating from the wheel. Transform your creations into truly personalized pieces through faceting, textured slip, combining multiple thrown pieces, and much more. Intermediate to advanced students welcome. Open to students that have completed Ceramics I and II or equivalent/ with permission of instructor.

48403 **\$22** TWThF 9a-2:20p 6/11-6/14

Maver

6/7

6/13

\$100+\$40

#### \* ART-2001-AS02 COLORED PORCELAIN WORKSHOP

1 CR

Colored porcelain is all the rage! Learn how to put a personal touch on your pieces by introducing various colorants and mason stains to porcelain. This workshop includes how to create monochromatic gradients, create an ombre effect between two colors and more. Create your own personalized palette of color to use on future projects. Open to students that have completed Ceramics I or equivalent / with permission of instructor. Additionally, mason stains and colorants will be available for purchase as a kit at the first-class meeting or students can purchase from a ceramic supply company

49432 \*\* TWThF 9a-2:20p

6/18-6/21

6/14

6/20

\$100+\$40

#### \* ART-2001-AS03 CERAMICS WORKSHOP []

1 CR

Do you desire an opportunity to pursue your own direction at your own pace? This 6-week workshop provides the time and space for you to concentrate. The course focuses on discussions about your projects and goals with limited demonstrations. Open to students that have completed Ceramics I or equivalent/ with permission of instructor.

49572 **49** T

Ila-2:30p

5:15p-8:30p

7/2-8/6

AS Heller 7/8

7/8

\$100+\$40

\* ART-2001-AS04 CERAMICS WORKSHOP 49588 484 T

5:15p-8:30p

7/2-8/6

AS Cesark

7/28

7/29

7/28

\$100+\$40

1 CR

49601 W

\* ART-2001-AS05 CERAMICS WORKSHOP

7/8

1 CR

7/3-8/7

AS Harvey

\$100+\$40

#### \* ART-2001-AS10 LASER ENGRAVING FOR CLAY & PRINT 🚨

1 CR

Learn how to use the laser engraver to generate plates for intaglio and wood block printing for ceramics and printmaking. Students can choose to focus on ceramic or printmaking or both. Use drawings, photos, digital, or composite images to generate dynamic plates and prints or textures on ceramics. Demonstrations include; image preparation, inking and printing plates with both ceramic ink and printmaking inks, paper considerations, transfer to clay using tissue prints, and combining the processes with monoprinting. This class will explore wood and acrylic engraving and processes. Open to all levels some ceramics experience is helpful but not required, no printmaking experience needed. Historical and contemporary examples will be reviewed.

49504

TWThF 10a-3:20p

6/25-6/28

AS

6/21 Cesark

6/27

\$100+\$20

#### CERAMIC WEEKEND MEMBERSHIP FOR ART-2001

Enjoy weekend access to the Ceramics Studio at the Aspen campus. Membership is only available to students who are concurrently enrolled in credit-bearing ceramics course and is only available during the duration of the credit-bearing course. This section is for students enrolled in the 5-week ART 2001 Ceramics Workshop courses only.

SSu

9a-5p

7/6-8/4

AS

7/4

\$30

\* APPLIES TO CMC AA/AS DEGREE

COLORADO STATE GUARANTEED TRANSFER COURSE

CLASSROOM

2+ HYBRID

22 CONNECTED CLASSROOM

REMOTE REAL-TIME

ONLINE

LMP REOUIRED FEE



DON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP

#### DRAWING, PAINTING, & PRINTING

Request a supply list from the instructor.

#### \* ART-2001-AS06 COLOR THEORY & PAINTING

1 CR

Practice the art of combining and creating primary, secondary, and tertiary colors from the color wheel. Students will expand their painting skills, while developing a color palette unique to them. Become familiar with the properties of acrylic paints including understanding various series, lightfastness, single pigments and hues. Open to all levels.

49608 MTWTh 9a-2:20p

7/29-8/1

AS

Mansor 7/26

7/31

\$100+\$20

\* ART-2001-AS07 DRAWING: OBSERVE & ABSTRACT

1 CR

Learn how to take your drawings from representational to abstraction. Explore and expand the fundamentals of drawing. Jessica will lead you through learning the basic elements of drawing through observation then continue to transform and grow your work into abstraction.

49676 AM MTWTh 9a-12:20p

8/5-8/8

S Mansor

8/2

8/7

\$100+\$20

\* ART-2001-AS08 LAYERING TRANSFERRED IMAGERY 🛄

1 CR

Are you curious how to transfer images or imagery to a painting, collage, or sculpture? This demonstration packed workshop will explore several techniques and mediums for transferring and layering imagery onto a variety of surfaces. Transfer to 2D or 3D work using new and / or reclaimed surfaces of your choice. Demos include layering nontoxic resin with other transfer processes, alcohol gel type transfers and much more. Transfer photos, drawings, paintings, digital imagery etc. Open to all levels. The supply fee includes some transfer materials.

49610 484 W

Ila-4:20p

7/3-7/24

AS

Cesark

7/8

7/19 \$100+\$20

**JEWELRY & METALS** 

\* ART-2001-AS09 METAL CLAY

1 CR

Create beautiful metal-clay jewelry and tiny sculptures in our new jewelry studio. Metalclay is a craft medium which contains particles of different metals such as silver, gold, and copper. These are mixed with a binder to a clay-like consistency and can be easily molded into jewelry or ornaments. Contact instructor for supply list. Supply fee includes 8-10 grams of metal clay, patina use and kiln firing expenses. Additional metal clay will be available for purchase. Students must drop the class one day prior to the course start date to receive a supply fee refund. Welcomes all levels, no experience necessary.

49501 **495** T

5:I5p-8:30p

7/2-8/6

۸٥

Heller

7/8

7/28

\$100+\$80



MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LMP

#### **MUSIC**

#### HISTORY OF THE CONCERT POSTER

Learn about the origins of the concert poster art form, bands, and artists. Beginning with preconcert poster history and exploring the art form through "boxing style" posters, "the seed", the "psychedelic era", through contemporary posters and bands. Explore the "big five artists", "Family Dog" and "Denver Family Dog" poster series, and "Bill Graham" poster series. See and hear about different contemporary artists like Chuck Sperry and Ron Donovan. Jon Shaw has been part of the world of concert posters since 1990 when he fell in love with the art form. Since then, he has worked at the Family Dog as a concert production assistant, Sierra Nevada World Music Festival, and was a personal assistant to Chet Helms. Instructor Jon Shaw has collaborated with Ron Donovan, Chuck Sperry, and Marco Almera on various concert poster projects and his concert poster company, Sound and Light, has created numerous posters.

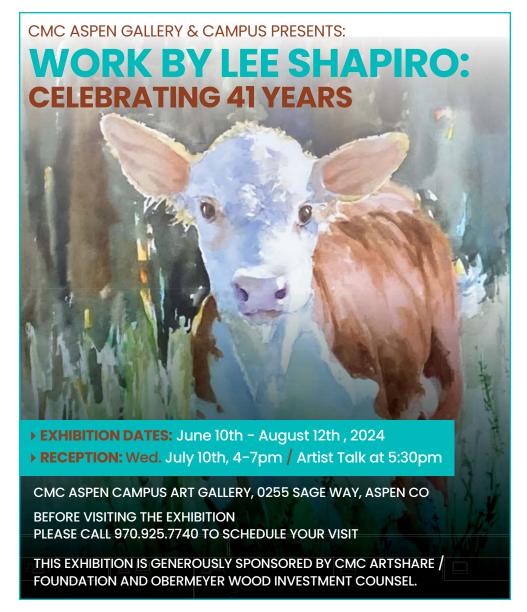
Th

6p-8p

7/11-7/18

AS Shaw 7/9

\$59



MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LMF

#### **TEXTILES & MIXED MEDIA**

#### ART-1078-AS01 FABRICATION LAB

2 CR

Join Liz and Steph and get comfortable in our fabrication labs for a fabulous week-long workshop. Create stencils on the vinyl cutter, make 3 D printed or engraved stamps, engrave wood and other materials on our lasers to add dimension to your artwork. The CMC Fab Lab has several digital tools that can be used for 2 and 3 dimensional mediums. Make stencils, stamps, and texturing tools for ceramics, mixed media elements for paintings, printmaking, drawing and more. Demonstrations will include creating files and file preparation and use of fab lab generated materials for ceramics and printmaking/painting and more. Safety and operational machine guidance will be covered. Open to all levels, no Fab Lab experience necessary. Materials fee covers some supplies for the course. Additional materials can be purchased through the front desk or other vendors.

48402 AM MTWThF 9a-5:50p

6/3-6/7

AS Heller/Woods 5/3I

6/6

\$200+\$30

#### HOW TEXTILES ARE MADE

This course is about the six stages it takes to make a fabric...woven, knitted, non-woven, and other fabrics. It is with this knowledge you can determine what fabric works best for your clothing and accessories needs This information makes us smarter when we walk into a retail store or go on-line and purchase fabrics and clothes. You will develop your own swatch book t guide your future decisions for sustainability and how best to dress yourself. Fabrics provided in classroom.

282

M

5:30p-8:30p

6/3-8/19

AS Metheny

5/31

\$249

#### KNIT STICHIN' TIME

Learn to knit, brush up on your skills, fill in the blanks, or advance your practice. This course is designed for new knitters, and flexible enough to accommodate more advanced knitters. The first week bring anything you have that you want to work with, or wait until the first class to buy supplies, so I can coach you on what to look for. Limited supplies will also be available to borrow or purchase. Contact jadrian@coloradomtn.edu for inquiries.

202

M

5:30p-8:30p

6/3-6/24

AS Adrian

5/31

\$139

#### THE CULTURAL ANTHROPOLOGY OF FASHION

#### FROM HOMO SAPIENS TO NOW.

The first body adornments were body painting and jewelry. Clothes came with the onslaught of the Ice Age and boat and Iand migration to what we clothe ourselves in NOW. We will geographical move with the fashion of mankind's as he evolves into today. Humankind weaving was the first math and the building blocks for the computer. How we dress is our own personal theater. How did you get to how you dress? This class is a Sherlock mystery of the History of Fashion Design.

282

Τ.

5:30p-8:30p

6/4-8/20

40

Methenv

6/1

\$249

#### THE FABRIC OF CIVILIZATIONS: THE HISTORY OF TEXTILES

When walking around in our clothes they are a long history of the genius of mankina's inventions to make fiber into clothes. Join me in the technological advances that give up today a hurt earth, a fast fashion market, and how your knowledge of the History of Textile Industry can today help us make the world a more sustainable planet. Examples of Textiles provided in classroom.

282

W

5:30p-8:30p

6/5-8/21

AS

Metheny

6/2

\$249

\* APPLIES TO CMC AA/AS DEGREE COLORADO STATE GUARANTEED TRANSFER COURSE

CLASSROOM HYBRID CONNECTED CLASSROOM REMOTE REAL-TIME ONLINE

LMP REQUIRED FEE ON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST



## ART - CARBONDALE

#### DRAWING & PAINTING

#### DRAWING WITH SOFT PASTELS

Learn the art of drawing with soft pastels in this introductory course. Create drawings using this versatile medium while learning about drawing techniques, value and structure, color theory, and more. Other topics will include how to build rich surfaces, limit your palette, capture texture and surface, and interpret from photographs. Course will also include still life projects and landscape drawings. Amanda Selsky is a local artist and teacher who works primarily in soft pastels and watercolors. She is passionate about supporting students in their creative pursuits. All materials provided.

282

2:30p-5:30p

6/10-7/15

CB Selsky 6/7

\$149

#### SKETCHING PEOPLE IN THE WILD

Let's take our drawing outside into the real world to find a creative voice, improve drawing skills, reenergize your work and find inspiration. Class will visit different areas around Carbondale, sketching both scenery and people in real time. With the world moving and ever changing, this is a great opportunity to break free from expectations in your drawings and focus on what is directly in front of you. Be prepared for messy sketches that open the door to stronger mark making and shapes that will make your art uniquely you. All levels welcome.

9a-12p

6/12-7/17

Selsky

\$129

#### IGNITE YOUR CREATIVITY WITH COMIC BOOK ART

Have you ever started to draw or write, but felt stuck or that your work should look a certain way? Using Lynda Barry's "Making Comics" syllabus as our guide, we will collectively break free from expectations! Open to all levels and experiences, whether you're simply curious about creativity or interested in visual storytelling. This course will serve as an avenue to reignite your creativity and find greater joy and freedom in your artistic practice. With the guidance of the great Lynda Barry, we will work together to hone in on our visual communication skills, slowly unraveling our inhibitions. Think less, draw more!

222

6:30p-8p

6/10-7/15

Selsky

\$109

#### **ACRYLIC PAINTING FOR BEGINNERS**

Learn how to paint with acrylics in this fun and supportive class. You will be doing basic exercises to introduce this medium, and creating finished pieces from the first class that will solidify learning and make you excited to paint on your own. Most supplies provided. Call the Carbondale Front Desk at 970-963-2172 for a list of items to bring from home so you are ready to paint in the first class.

282

1:30p-4:30p

5/21-6/18

CB

Watson

5/17

\$139

#### T **OPEN PAINTING STUDIO**

Bring your ongoing work, or start something new in our sunny studio space while enjoying the company and support of other artists. Miranda Watson will be available to give advice, or guide you in fun assignments if needed.

282

Τ

5:30p-8:30p

5/21-6/18

CB

Watson

5/17

\$119

MODALITY / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / TUITION FEES & LMP

#### **PHOTOGRAPHY**

#### MASTERING CELL PHONE PHOTOGRAPHY

"Point and shoot" can be so much more when you understand the quick and easy tricks available in your phone. Join Sandy Kaplan in this 4-day workshop and learn how to enjoy making photographs, and getting those images you truly want with your cell phone. Class will include using the editing tools on your phone to further enhance photos.

222

MW

9a-12p

7/1-7/10

CB

Kaplan

6/28

\$119

#### PHOTOGRAPHY 101

Learn to capture and process dynamic photographs and become a more confident photographer. Class will demystify camera controls such as ISO, aperture, and shutter speeds and continue with various preferences. You'll learn the power of capturing RAW files versus JPEGs and how to bring those images to life with Adobe Photoshop and Adobe Camera Raw. Topics will include how to capture artistic photos using the rules of composition and how to "see" as a photographer. Joe Lavine is a photographer, educator, and author focused on teaching and expression through imagery. He has taught at multiple universities, and is an Adobe Community Expert, Adobe Certified Expert, and Epson's Print Academy member.

<u> 2</u>22

T

6p-8:30p

5/21-6/11

CB

Lavine

5/17

\$99

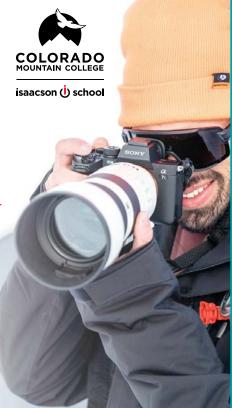


## INTEGRATED MEDIA

Learn in-demand skills to launch your career in digital marketing, media production, content creation, and more. Prepare to join the modern media landscape in three areas of focus: content creation, communication, and marketing.

OFFERED AT CMC SPRING VALLEY AT GLENWOOD SPRINGS

ColoradoMtn.edu/ischool





MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LIM

#### **TEXTILES**

#### HAND WOVEN BASKETS

Learn/review the basics of basket weaving - establishing the base, upsetting the spokes to weave the sides, lashing on the rims, and attaching the wire handles - while weaving your own "Mini Candy Basket". Appropriate for all levels. Students bring a plastic dish tub, approximately 14"x13" to soak the reeds. All other materials included.

F 9a-3p 6/7 CB Alldredge 6/5 \$119

#### KNIT A STUFFED ANIMAL

This class is for all levels of knitting and covers most of the basic knitting techniques: reading a pattern, casting on, knit stitch, purl stitch, increasing, decreasing, casting off and assembling. The stuffed animal has optional clothes. Carol Gault is a professional needlework designer, an avid knitter and has been teaching knitting for 40 years. Call the Carbondale Front Desk for supply list.

Th 6p-8p 7/25-8/I5 CB Gault 7/23 \$79

#### **SEWING**

Learn to sew starting with a simple project that may include a zipper or elastic waist, finish seams, and hem; and/or continue with your own project of choice. Sally Melia will share her enthusiasm and years of sewing experience to help you. Some sewing machines provided, or bring your own sewing machine and get help learning how to use it. Upcycling thrift finds is encouraged. No class 7/4.

Th 6:30p-9:30p 5/23-7/18 CB Melia 5/21 \$159

#### THE ART OF VISIBLE HAND MENDING

Learn the art of visible hand mending and decorative Japanese stitching styles to repair clothing. Focus on repair, renew and reuse the clothes you love to create a unique piece of wearable artwork. Bring your projects to work on, and students are welcome to bring a sack lunch. Call the Carbondale Front Desk at 970-963-2172 for a tools/materials list.

F IIa-Ip 6/7-7/19 CB Methenv 6/5 \$119



MODALITY / LOC / FACULTY / REFUND / WITHDRAW / DAY DATES FEES & LMP



## BUSINESS & COMPUTERS



★ BUS-1015-CB55 INTRODUCTION TO BUSINESS 

□ 3 CR 6/3 7/22 48122 5/21-8/6

\$300 Τ 6p-7:50p CB **Bramson** 

#### ENTREPRENEURSHIP, CAPITALISM, REAL ESTATE, & THE AMERICAN DREAM

Class topics will include business start-up advice, growing a business, management, delegation, cash flow, adapting, organization, the beauty of capitalism, the entrepreneurial journey, venture capital, marketing, hiring, leading, learning, competition, borrowing money, partnerships, raising capital, real estate investing, success, and failure. Instructor O'Brien has an extensive background in real estate including property management, renovation, brokerage, acquisition, disposition, and ownership.

182 W 6/5-8/21 O'Brien 6/3 \$149 6p-8p

#### FEAR, LOATHING, & PUBLIC SPEAKING

The fear of public speaking is overall America's biggest phobia, yet effective oral communication is a key skill in business and life. Michael Monroney provides simple communication tools, strategies, and tips that are easy to use and produce immediate results. He'll help you sound more confident, overcome anxiety, and use humor and body language to better interpret and express ideas.

282 7/5 \$169 TTh 7/9-8/1 AS 4p-6p Monronev

#### **EXPLORING REAL ESTATE FOR SPANISH SPEAKERS**

This course will provide Spanish speaking participants with an in-depth understanding of the real estate market, covering topics such as property types, legal considerations, investment opportunities, and cultural nuances. Through interactive sessions and case studies, students will gain practical insights into navigating the real estate landscape in their own language.

282 6/12-6/26 W 5:30p-7:30p Rimkus 6/10 \$79 MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FFFS & IMP

#### **COMPUTERS**

#### MICROSOFT EXCEL SPREADSHEETS

Basics of Excel including formatting, printing, formulas and functions, charting, and tables. Students will learn Excel tricks that they never knew before! This class is taught on PC computers. Prerequisites: strong basic computer skills.

221

Τ

8:30a-12:30p

6/4-6/II

CB

Watson

5/31

\$79

#### **BEGINNING INDESIGN**

InDesign is a page design and layout program used to create, preflight, and publish books, brochures, digital magazines, eBooks, and interactive online documents. Set up your own publications, and learn to use fonts effectively, place images within the publication, manipulate colors and get a finished piece to print. Individual projects encouraged. Carol Gault has a small publishing business and has worked as a professional graphic artist, photographer and digital artist.

282

Th

9a-12p

6/13-6/27

B Gault

6/11

\$89

## Many more online classes are available! Convenient professional development. Participate 24/7

CMC has partnered with **UGotClass** to offer you online professional development. The topics are current and the instructors are experts in their fields. The course content is rolled out in weekly units and you are able to participate anytime, 24/7, from any computer with an Internet connection.

For more information, including class descriptions, dates and costs: **coloradomtn.edu/professionaldevelopment** then click on **UGotClass**.





## TAKE THE NEXT STEP AT CMC. EARN YOUR BACHELOR'S DEGREE

- **BUSINESS ADMINISTRATION**
- ECOSYSTEM SCIENCE & STEWARDSHIP
- **EDUCATION**
- **HUMAN SERVICES**

- INTEGRATED MEDIA
- LEADERSHIP & MANAGEMENT
- **NURSING**
- **▶ SUSTAINABILITY STUDIES**



MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMI



## **English & Communication**



#### **CREATIVE WRITING & LITERATURE**

#### GONZO ACTIVISIM:

#### HUNTER S. THOMPSON'S WRITING AS A TOOL FOR CHANGE

Anita Thompson, bestselling author of The Gonzo Way, and wife to the late Hunter S. Thompson, began working as his assistant in 1999. In 2000, she moved in and three years later they were married. Today, she is the director of the GonzoNation.org and curates Owl Farm. Anita has published a second book, Ancient Gonzo Wisdom: the Selected Interviews of Hunter S. Thompson. She graduated from Columbia University in American Studies. Instructor Anita Thompson continues to work in Hunter's stead and lives at Owl Farm in the little town of Woody Creek outside of Aspen, Colorado.

Th 6p-8p 7/II 67/25 AS Thompson 7/23 \$59

#### **CREATIVE WRITING**

Find the power, beauty and even courage in the words you create. Students will hone writing skills and expand self-expression with creative writing and/or poetry. Style will be discussed, and ideas shared. Class meets in person with an online section meeting simultaneously. If you want to take this class online, please register for the Remote Real-Time section, and a Zoom link will be emailed to you shortly before the first class.

181	W	6p-8p	6/12-7/10	CB	Riley	6/10	\$99
CREATIVE	WRITI	NG REM	IOTE REAL-TIME				
	W	6p-8p	6/12-7/10	CB	Riley	6/10	\$99

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION
FEES & LMP

#### **CREATIVE WRITING I**

An introduction to the art of creative writing. We will focus on the fundamentals by reading and discussing published short stories, poems, and auto-fiction. Our intention is to discover the key elements involved in prose and poetic construction and to learn how we can apply those techniques to our own writing. Class time will include in-class writing prompts and workshopping.

♣♣ W 4p-5:15p 7/10-7/31 AS Camoglu 7/8 \$119

#### **CREATIVE WRITING II**

A continuation of Creative Writing II. We will dive deeper by continuing our exploration of published short stories, poems, and auto-fiction. Structural techniques, narrative tricks, and linguistic pro-tips will expand our tool kit to use in our own stories, poems, and memoirs. Class time will include in-class writing prompts and workshopping.

W 4p-5:I5p 7/10-7/31 AS Camoglu 8/2 \$119

#### **BIPARTISAN PROBLEM SOLVING**

#### **BIPARTISAN PROBLEM SOLVING**

Based on the CMC Common Reader, The Bill of Obligations by Richard Haas, this class will include a brief training in active listening and conflict resolution, and how to identify shared goals and work together to accomplish them. Topics from the text will include Staying Open to Compromise, Remain Civil, Promote the Common Good, and Put Country First.

T 6p-8p 6/4-6/25 CB Persiko 6/I \$79

## English as a Second Language (ESL)

- **ESL in ASPEN: Advanced ESL** 
  - Mondays & Wednesdays 10a-12:20p 5/20-6/26 \$55
- ESL in BASALT: Advanced, Intermediate, & Beginning ESL
  - Tuesday & Thursdays 6p-8:20p 5/21-6/27 \$55
- **ESL in CARBONDALE: Advanced ESL** 
  - Tuesdays & Thursdays 9a-11:20a 5/21-6/27 \$55

## High School Equivalency (HSE/GED)

- HSE-9033 GED PREP: MATH, ENGLISH, SOCIAL STUDIES, SCIENCE
  - Wednesdays at Basalt Library 10a-12:20p 5/22-6/26 \$0
  - Thursdays at Aspen 10a-12:20p 5/23-6/27 \$0
- HSF-9046 ADULT HIGH SCHOOL DIPOLMA \$50
  - Must be 21 or older
  - Colorado History, Civics & Citizenship, Genocide & Holocaust
  - Students earn a high school diploma
  - Meets in Glenwood

#### \*\* STUDENTS ARE ELIGIBLE FOR AN AELA SCHOLARSHIP\*\*



MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LMP



## **Education**

#### **EARLY CHILDHOOD EDUCATION**

\* ECE-1045-AS01 INTRO TO ECE TECHNIQUES

3 CR

This course is delivered in a dual language format of English and Spanish. Students experience instruction through a combination of scheduled class meetings on Tuesdays using technology and field assignments. Students can access class meetings from anywhere but are expected to attend using a designated technology, such as Zoom, at specified dates and times. To be successful in this course, students must have access to a computer with a reliable internet connection, camera, speakers and a microphone. Students should also have basic computer skills. In addition, this course uses CMC's learning management system to share the syllabus and other course materials.

**48134** T 6-8:30pm 5/21-8/6 RRT Burbano 6/4 7/22 Field TBD

\* APPLIES TO CMC AA/AS DEGREE COLORADO STATE GUARANTEED TRANSFER COURSE

CLASSROOM A+ Hybrid Connected Classroom A remote real-time Online

LMP REQUIRED FEE ON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST



## Food & Beverage

#### WINE TASTING

Classes will use the deductive tasting method, and are appropriate for novice to experienced wine tasters as well as very useful for those in the food - beverage industry. Recommended that you bring your own tasting glass. Students must be 21 years or older and must bring ID to class.

#### WINES OF PORTUGAL

Port is not merely "dessert wine" as we will examine some truly compelling and powerful red wines that happen to be sweet.

F 6p-8p 5/3 CB Cabrera 5/1 \$49

#### WINES OF WASHINGTON STATE

Vintners in Washington are inspired by Northern Rhone. Stunning reds emerging from this state are based solely on Syrah, from single vineyards, farmed almost exclusively to organic practices.

♣♣ F 6p-8p 5/3l CB Cabrera 5/29 \$49

#### WINES OF LOIRE

The classic grapes of Chenin Blanc - Cabernet Franc shine in this most economical of French fine wine regions. Explore the appellations that make this area much sought after by collectors and connoisseurs of great wines.

♣♣ F 6p-8p 6/28 CB Cabrera 6/26 \$49

#### WINES OF OREGON STATE

Landowners and renowned wine makers from Burgundy started buying real estate in Oregon to produce Pinot Noir of noteworthy finesse and aromatic intensity.

F 6p-8p 7/12 CB Cabrera 7/10 \$49

#### WINES OF CHILE

Chile may well be the most important wine region in the world for Bordeaux grape varieties outside of that iconic French region.

♣♣ F 6p-8p 8/9 CB Cabrera 8/7 \$49

MODALITY / LOC FACULTY REFUND WITHDRAW DAY DATES FEES & LMP



## Foreign Language

#### SPANISH FLUENCY THROUGH STORYTELLING

This non-traditional language class will take you on a comprehension journey. Techniques such as storytelling, clip chats about movies, and class discussions about readings will build fluency (not grammar) in a fun, non-grammar focused way. If you want to understand what Spanish speakers are saying to you and be able to respond this class is for you.

282

MW

6p-8p

6/3-6/19

Leidner

\$119

#### BEGINNER SPANISH: FLUENCY THROUGH STORYTELLING

This non-traditional language class will take you on a comprehension journey. Techniques such as storytelling, clip chats about movies, class discussions about reading will build fluency (not grammar) in a fun, non-grammar focused way. If you want to understand what Spanish speakers are saying to you and be able to respond this class is for you.

181

TTh 5p-7p 5/21-5/23

AS Leidner

5/31

\$159

TTh 5p-7p

6/4-6/13

5/31

**EXPLORING REAL ESTATE FOR SPANISH SPEAKERS** 

This course will provide Spanish speaking participants with an in-depth understanding of the real estate market, covering topics such as property types, legal considerations, investment opportunities, and cultural nuances. Through interactive sessions and case studies, students will gain practical insights into navigating the real estate landscape in their own language.

222

5:30p-7:30p

6/12-6/26

Rimkus

6/10

\$79

\* APPLIES TO CMC AA/AS DEGREE

COLORADO STATE GUARANTEED TRANSFER COURSE

**CLASSROOM** 

2+ HYBRID

2/2 CONNECTED CLASSROOM 2 REMOTE REAL-TIME

LMP REOUIRED FEE

DON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP



### **GEOLOGY**

#### GEOLOGY OF COLORADO, RF AND CRYSTAL VALLEYS

Review the geology of the Colorado River corridor from Glenwood Canyon to South Canyon, the Roaring Fork Valley from Glenwood to Independence Pass, and the Crystal Valley from Carbondale to Marble. Local Geology legend Garry Zabel will share his wealth of knowledge and enthusiasm about our local geology. This class is required to attend one of the Geology Field Trips offered at Glenwood and Carbondale Campuses on 6/22, 7/13, and 7/27. Students may take just this lecture without the Field Trip.

 Section I
 I
 6p-9p
 6/18
 GW
 Zabel
 6/15
 \$29

 Section 2
 II
 6p-9p
 6/20
 CB
 Zabel
 6/18
 \$29

#### **GEOLOGY FIELD TRIPS**

Local Geology legend Garry Zabel will share his wealth of knowledge and enthusiasm about our local geology. Bring a lunch and come prepared for short hikes with water, snacks, sunscreen, and appropriate clothing and shoes. Prerequisite for any of these Geology Field Trips: Attendance at one of the two lectures listed above at the Glenwood Campus on 6/18, or the Carbondale Campus on 6/20 is required. Class size is limited due to van capacity, so sign up for the lecture and field trip early to reserve your spot.

#### GEOLOGY FIELD TRIP GLENWOOD CANYON TO RIFLE

Explore the geology of the Glenwood Canyon in this field trip where students will be able to touch some of the oldest rocks of Colorado, find the 13+ Glenwood hot springs, see the No Name Fault and a graben, learn to read a geologic map, and stop at the Hanging Lake walking/biking path to see more types of ancient rocks, and view the Great Unconformity. Meet at the Glenwood Center and embark in a van from there.

S 8a-5p 6/22 GW Zabel 6/20 \$139

#### GEOLOGY FIELD TRIP CARBONDALE TO CRYSTAL VALLEY

Explore the geology of the lower Roaring Fork Valley from Glenwood to Carbondale and up the Crystal River to Marble and McClure Pass. Meet at the Glenwood Campus and embark in a van from there.

S 8a-5p 7/13 GW Zabel 7/10 \$139

#### GEOLOGY FIELD TRIP CARBONDALE TO RF VALLEY

Explore the geology of the Roaring Fork Valley from Carbondale to Aspen and Independence Pass. Meet at the Glenwood Campus and embark in a van from there.

♣♣♣ S 8a-5p 7/27 GW Zabel 7/24 \$139

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP



## **Health & Wellness**

#### **HEALTH & WELLNESS**

HWE-1002-AS01 FIRST AID & ADULT CPR 49500 Th 8:30a-5p 5/23 CB Wirth 5/21 5/23 \$50

#### APOCALYPSE 101 SURVIVING A LONG EMERGENCY

Learn practical knowledge and skills to survive local disasters, or a national/global catastrophe. In-class lecture and outdoor skills practice combine to get you and your family started on your preparations. Warning: some individuals may be sensitive to graphic content.

Section I - S 5/18 CB 5/16 \$29 10a-lp Gray Section 2 - S 10a-lp 6/15 CB Gray 6/13 \$29 Section 3 10a-lp 8/3 CB Grav 8/1 \$29

#### INTRO TO HOMEOPATHY

An introduction to Practical Homeopathy®, a scientific system of medicine that has been practiced for over 250 years to heal naturally. Gentle healing from mental health issues, acute and chronic allergic conditions, and much more. These simple and practical protocols can be implemented quickly and affordably. Emily Marshall is a Practical Homeopath, consultant, and educator.

M 6p-7:30p 7/15-8/5 CB Marshall 7/12 \$59

#### **RELATIONSHIP READY**

Learn to improve your relationships to self, existing partner, family, and future mates with personal growth and self-therapy. Explore the nature of thought, the purpose of emotions, and learn how to change your 'state of being' to get more lift and less drag in day-to-day life, and thus to be able to 'partner' in the best sense of the word. Emily Marshall is a practicing Psychotherapist.

M 6p-7:30p 6/3-7/8 CB Marshall 5/3I \$89

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEFS & IMP

#### **HOME & GARDEN**

#### **EAT YOUR WEEDS**

Learn how to identify and use edible and medicinal plants growing wild in your own backyard. This class will be held at the Carbondale Historic Food Forest located just north of the RVR tennis courts. Sue Gray is a professional landscaper, former CSU Master Gardener, and creator and volunteer curator of the Carbondale Historical Society Heritage Gardens.

Section I -S	10a-11:30a	7/20	CB	Gray	7/18		\$29
Section 2 A Th	6p-7:30p		8/8	CB	Gray	8/6	\$29

#### PLANT PRUNING TECHNIQUES

A lecture and practical demonstration highlighting the "natural" style of pruning trees. Topics will include appropriate timing, proper pruning technique, differences in approach for different plant material, and different pruning styles with a focus on pruning for natural form. Appropriate for both homeowners and professionals. Chris Beiser is the Arborist for the Town of Basalt, and is an ISA Board Certified Master Arborist, with Tree Risk Assessment Qualifications and 10 years working for public and private institutions.

M 5p-8p 7/22 MB Beiser 7/19 \$29

## NEED CUSTOM CPR & FIRST AID CLASSES?

OUR EMS & FIRE SCIENCE TECHNOLOGY DEPARTMENT CAN OFFER CUSTOM CPR & FIRST AID CLASSES FOR LOCAL BUSINESSES WHO MAY NEED THIS TRAINING.

**CONTACT:** SHEHAN MEAGHER / 970-963-2172
AT THE CARBONDALE CAMPUS FOR MORE INFORMATION.

## YOUR JOURNEY TO BECOMING A PHARMACY TECHNICIAN

## STARTS NOW.

BECOME A CRITICAL MEMBER OF HEALTHCARE TEAMS WORKING IN HOSPITALS, CLINICS, AND RETAIL ESTABLISHMENTS.

100% ONLINE / CLINICAL INTERNSHIP / PREPARE FOR THE PHARMACY TECHNICIAN CERTIFICATION EXAM

* APPLIES TO CMC AA/AS DEG	E ◆ COLORADO STATE GUARANTEED TRANSFER COURSE	
CLASSROOM 2+ HYBI	2/2 CONNECTED CLASSROOM  REMOTE REAL-TIME  0	NLINE
LMP REQUIRED FEE	DON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST	

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP



## **Outdoor Studies**

\* OUT-1500-AS01 TOP ROPE CLIMBING

1 CR

Top Rope Climbing is the first, introductory course of a four-class series that includes Sport Climbing (OUT-1505), Rock Climbing II (OUT-2510) and Climbing Self-Rescue (OUT-1580). Topics of instruction include the climbing basics of knot tying, anchors, belaying, rappelling, and climbing movement. Instruction will take place at a world class climbing crag near the Roaring Fork Valley-either Unaweep Canyon or Independence Pass. Course schedule includes a mandatory intro session via Zoom on Wed July 17 (6-8:50pm) and three field days Fri-Sun July 19-21 (8a-5p each day).

COURSE CHARGES ARE NON-REFUNDABLE. This course is NOT a part of the Learning Materials Program (LMP).

**48120** W 6p-8:50p 7/17 AS Schneiter 7/15 7/20 \$100+\$112.78 FSaSu 8a-5p 7/19-7/21 FIELD

#### INTRODUCTION TO MUSHROOM IDENTIFICATION

An introduction to mushroom identification will provide all the knowledge needed to confidently ID fungi. With a focus on Colorado macro fungi and a field session for hands on, nose in, learning.

M 5:30p-7p 8/5 AS Pevec 8/2 \$169 T 10a-4p 8/6 MODALITY / DAY / TIME / DATES / LOC / FACULTY / REFUND / WITHDRAW / TUITION

#### **GROUP STARGAZING EXPERIENCE**

In a casual group setting, observe the cosmos like you never have before. Using our computerized 16" diameter Dobsonian Telescope and laser pointer, we will observe objects like planets and the moon, star clusters and constellations, nebulae, and galaxies while discussing the science, stories and fun facts that make these celestial objects so interesting! Class will meet at Aspen CMC campus 10 minutes prior to class start. Instructor Ryan Eliason is the owner of Aspen Stargazing and has a passion for the stars and sharing the wonders of the universe with students. If you have questions. please reach out to Ryan at 814.218.2133.

#### **GROUP STARGAZING EXPERIENCE - JUNE**

Rain date is 6/12. An email will be sent 2 hours prior to start time in case of inclement weather. If no email is sent, then class will run.

M 9:30p-Ilp 6/IO AS Eliason 6/7 \$49

#### **GROUP STARGAZING EXPERIENCE - JULY**

Rain date is 7/17. An email will be sent 2 hours prior to start time in case of inclement weather. If no email is sent, then class will run.

M 9:30p-IIp 7/I5 AS Eliason 7/I2 \$49

#### **GROUP STARGAZING EXPERIENCE - AUGUST**

Rain date is 8/21. An email will be sent 2 hours prior to start time in case of inclement weather. If no email is sent, then class will run.

M 9:10p-10:30p 8/19 AS Eliason 8/16 \$49





MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES 8 LM



## Physical Activity - ASPEN

#### **MIXED FITNESS CLASSES**

<b>≯</b> PE	D-1002-AS0	1 WEIGHT T	RAINING I					1 CR
481	64 MW	4:30p-5:40p	5/29-8/7	AS	Hinchliffe	6/10	7/21	\$100
<b>≯</b> PE	D-2021-AS0	DYNAMIC	WORKOUT					1 CR
470	985 MW	3:20p-4:29p	5/29-8/7	AS	Hinchliffe	6/10	7/21	\$100

#### **CONDITIONING LAB**

Dynamic Workout followed by Weight Training

MW 3:20p-5:40p 5/29-8/7 AS Hinchliffe 5/27 \$169

#### STEP, STRENGTH & CORE/ZUMBA PLUS

Save money when you purchase this class that includes, Tuesday Step, Interval & Strength and Thursday Zumba Plus.

AS Knight 5/3 \$219

#### STEP, STRENGTH, & CORE

35 minutes of cardio utilizing the step and floor, followed by 25 minutes of upper body & multi -muscle strength exercises, abdominal, hip and lower back exercises, mobility and stretch work.

♣♣ T 12:15p-1:15p 5/7-8/27 AS Knight 5/3 \$139

#### **ZUMBA PLUS**

This 55 minute class is filled with fun music & fun moves. We do Zumba for 40 minutes followed by 15 minutes of Pilates based core work & a gentle stretch.

Th 12:15p-1:15p 5/9-8/29 AS Knight 5/7 \$139

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FEES & LMP

#### **MOI CYCLE**

Get on a bike and build endurance, stamina, and capacity to make those summer rides the best of your life. Moi Cycle tests your mental and physical capabilities and ups your fitness to a real high. We provide heart rate monitors to use for the class, but you may bring your own Polar heart rate monitor. Please arrive early for the 1st class so that we can make you a personalized HR zone card.

p 0.00							
MOI CYC	LE PAC	KAGE 3 DAY	Υ				
Register	for this se	ection to take N	Moi Cycle on N	1onday	/s, Wedne	sdays, and Frida	ys.
484	MWF	12:15p-1:15p	5/6-8/30	AS	Knight	5/2	\$329
MOI CYC	LE PAC	KAGE 2 DAY	Υ				
Register	for this se	ection to take N	Moi Cycle on N	1onday	s and We	ednesday.	
181	MW	12:15p-1:15p	5/6-8/28	AS	Knight	5/2	\$219
MOI CYC	LE MON	IDAYS					
Register	for this se	ection to take N	Moi Cycle on N	1onday	/S		
484	M	12:15p-1:15p	5/6-8/26	AS	Knight	5/2	\$139
MOI CYC	LE WED	NESDAYS					
Register	for this se	ection to take N	Moi Cycle on V	Vednes	sdays.		
484	W	12:15p-1:15p	5/8-8/28	AS	Knight	5/6	\$139
MOI CYC	LE FRID	AY BOOST/	STRENGTH				
and cha	llenge. Th	ne challenge c	ontinues whe	n we a	dd a HIIT (	e, but with the so High intensity Intensity Intended	erval Training)

#### **PICKLEBALL - BEGINNER**

12:15p-1:15p

282

Learn to play the growing sport of pickleball! Classes held at the Aspen Meadows Resort. Limited availability of paddles available, so bring your own paddle if you can. There will be NO inclement weather make up days. Please call Trey Palmer(970-948-0176) for weather status. Students will not be allowed to take more than 2 consecutive Beginner classes during the summer semester. There will be no waitlist available for class.

AS

Knight

5/8

5/10-8/30

		LEBALL-MA open at midnig	-				
484	MW	9a-10:30a	5/6-5/29	AM	Palmer	5/3	\$289
		<b>LEBALL-JUN</b> ns midnight, M					
484	MW	8a-9:30a	6/3-6/26	AM	Palmer	5/31	\$289
		<b>LEBALL-JUL</b> ns midnight, Ju	-				
484	MW	8a-9:30a	7/8-7/30	AM	Palmer	7/5	\$289
*	APPLIES TO (	CMC AA/AS DEGREE		◆ COL	DRADO STATE	GUARANTEED TRANSFER	COURSE
- CLAS	SROOM	2+ HYBRID	2/2 CONNECT	ED CLASS	ROOM 🚇	REMOTE REAL-TIME	ONLINE
	LMP REQU	JIRED FEE	→ DON'	T FORGET	TO CALL OUR F	FRONT DESK FOR YOUR SU	PPLY LIST

\$139

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION
FEES & LMP

#### PICKLEBALL - INTERMEDIATE

Drills and strategy for pickleball, but most of all have fun! Classes held at Aspen Meadows Resort. There will be NO inclement weather make up days. Please call Trey Palmer(970-948-0176) for weather status. There will be no waitlist available for class.

#### INTERMEDIATE PICKLEBALL-MAY

Registration open midnight, April 29.

MW 10:30a-12p 5/6-5/29 AM Palmer 5/3 \$289

#### INTERMEDIATE PICKLEBALL-JUNE

Registration open midnight, May 27.

MW 9:30a-lla 6/3-6/26 AM Palmer 5/3I \$289

#### INTERMEDIATE PICKLEBALL-JULY

Registration open midnight, July 1

MW 9:30a-Ila 7/8-7/3I AM Palmer 7/5 \$289

#### **TENNIS**

Classes are held at Aspen Tennis next to City of Aspen Golf. Court rental fee (\$85) will be due at first class. There will be no make up days for rained out days. Please call Karen (970-618-8674) to verify weather conditions or with any questions.

#### **BEGINNING TENNIS**

For students who have never played tennis or who have minimal experience. Bring a racket if you have one. These are group lesson classes and organized play. Students MUST sign up for appropriate level or they will be dropped from class.

T 5:30p-6:30p 6/4-8/20 AS Lutz 5/3| \$||9

#### **INTERMEDIATE TENNIS**

Get drills and tips for your tennis game. These are group lesson classes and organized play. Must be rated 2.5-3.5 to register or student will be dropped from class without approval from instructor.

T 6:30p-8p 6/4-8/20 AS Lutz 5/31 \$169

#### **ADVANCED TENNIS**

Get drills and tips for your tennis game. These are group lesson classes and organized play. Those not rated 3.5 and above must get instructor permission to register.

W 6:30-8pm 6/5-8/2I AS Lutz 6/3 \$169

#### **QIGONG**

#### **QIGONG**

Qigong uses a simple set of movements to energize and harmonize the internal organs, andenergy flow. This gentle practice will improve balance, flexibility, and muscle tone, while promoting relaxation and focus. No prior experience necessary.

♣♣ T 4p-5p 6/18-8/6 AS Larson 6/14 \$79

#### YOGA

#### THERAPUTIC RESORATIVE YOGA

Explore the holistic therapeutic aspect of Yoga. Practice asanas(postures) integrating props to process self health improvement and well being. This class is for the never ever to the practitioner, great for skiers, bikers, hikers and people recovering from injuries as well everybody.

MW 9:30a-10:45a 6/12-8/28 AS Lisman 6/5 \$299

DATES

LOC FACULTY REFUND WITHDRAW

## Physical Activity - BASALT



1 CR

#### MIXED FITNESS CLASSES

* PED-2021-CB01	DYNAMIC '	WORKOUT			
				 _	

47086 🔑 MW 8:42a-9:55a 5/29-8/7 CB Hinchliffe 6/10 7/21 \$100

#### **BARRE SCULPT**

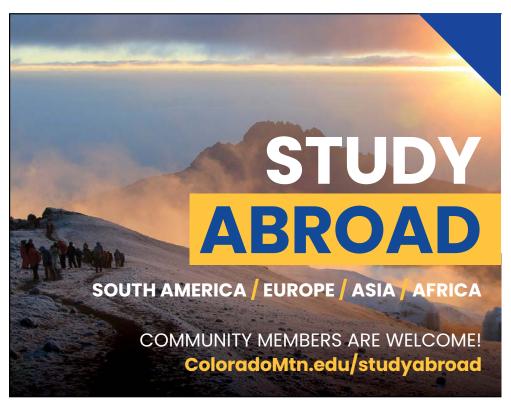
Barre Sculpt is a ballet-inspired fitness workout designed to strengthen and lengthen your whole body without adding bulk. This class is suitable for all levels. \$60 facility fee due first day of class.

Section I 🦀 T	12p-12:50p	5/7-8/20	OLM I	Lins	5/3	\$249
Section 2 444 Th	12p-12:50p	5/9-8/22	OLM I	Lins	5/7	\$249

#### **PILATES MAT**

Mat-based Pilates class focuses on strength, stability, posture, proper breath control, and flexibility. Each class will work to balance all muscle groups' strength and flexibility, with an emphasis on challenging the core muscles with each movement. Modifications are suggested for beginners or for those with physical limitations and is suitable for all levels. Mat Pilates is a challenging yet safe method to lengthen and sculpt your body and to feel increased agility in your everyday movements. \$60 facility fee due first day of class.

282 II:00a-II:50a 5/8-8/21 \$249





MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW FEES & LMP



## Physical Activity - CARBONDALE

#### DANCE

#### **ADULT BEGINNER BALLET**

Classical ballet technique at the barre and center work in a fun and positive learning environment. No experience necessary. Ballet or work-out attire, and Ballet shoes encouraged. Hair pulled back in a pony tail or bun. Alexandra Jerkunica is a professional ballet dancer, and choreographer with extensive teaching experience.

T 9a-10a 6/18-8/6 CB Jerkunica 6/14 \$79

#### **BEGINNING SWING DANCE JITTERBUG**

Learn the basics of Jitterbug - basic step, turns, spins, dips, and other fun moves. This is a great way to exercise, enjoy meeting people, and be able to improvise great dance moves at a party, wedding, or other social dance. Students will need to have a dance partner and both partners much register.

 Section I
 W
 6:30p-8:30p
 5/22-6/12
 CB
 Burt
 5/20
 \$79

 Section 2
 W
 6:30p-8:30p
 6/26-7/17
 CB
 Burt
 6/24
 \$79

#### MORE SWING DANCE LINDY HOP

Build on the basics from the beginner class with Charleston and Lindy Hop - learn basic steps and expand your dance knowledge. Students should have dance experience or have taken the beginner class. Students will need to have a dance partner and both partners much register.

W 6:30p-8:30p 7/24-8/14 CB Burt 7/22 \$79

MODALITY DAY TIME DATES LOC FACULTY REFUND WITHDRAW TUITION FFFS & IMP

#### MIXED FITNESS CLASSES

#### **BALANCE AND MOBILITY TRAINING**

Balance starts to decline from age 30 but you are not condemned to falling because you are aging, although age and illness are risk factors that students will learn to manage in this class. Balance control can be consciously activated with strength, reflex, flexibility, sensory awareness, and concentration exercises that improve balance and mobility. Balance training works! No class 6/20 and 7/4

Th I:30p-2:20p 5/30-8/I5 CB Noakes 5/2 \$99

#### **ZUMBA WITH MIMI**

Zumba is a cardio fitness dance program inspired by Latin American music and rhythms. Improve overall health, feel more confident and comfortable in your body, and burn 500 calories or more per class, just by dancing! Instructor Mimi has been a Zumba Instructor since 2018, and wants students to have fun while burning calories. Join the best happy hour of the week! No class 6/13 and 7/4

Th 6:30p-7:30p 5/30-8/8 CB Mimi 5/28 \$89

#### **PILATES**

#### PILATES BLEND

Pilates Blend is a full-body workout with exercises that target specific muscles while engaging the entire body. Improve balance, muscle coordination, strength, and stability with the fundamentals of Pilates, and an awareness of the core powerhouse. A light cardio warm-up, modifications, variety and stretching make this an appropriate class for all levels. No class 6/17, 6/19 and 7/3

MW 12p-12:50p 5/29-8/12 CB Noakes 5/27 \$129

#### PILATES STRENGTH

An upbeat, low-impact workout that incorporates int/adv Pilates matwork and strength training principles to deliver a dynamic and challenging full-body workout. Turn up the beats and feel the burn as you connect to your breath, move the body and quiet the mind. An amazing reset during your busy work week! Pilates and/or yoga experience recommended. No classes 7/4.

TTh 12p-12:50p 6/25-7/25 CB Harder 6/21 \$89

#### YOGALATES FOR ADULTS

A combination of yoga and pilates exercises help support your spine and improve strength in this slower paced workout with lots of stretching that targets specific muscles while engaging the entire body. Improve balance, muscle coordination, strength, and stability with the fundamentals of Pilates, and an awareness of the core powerhouse. A light cardio warm-up, modifications, variety and stretching make this an appropriate class for all levels. No class 6/17

M lp-l:50p 6/3-8/12 CB Noakes 5/31 \$99

#### **QIGONG**

#### **QIGONG**

Qigong uses a simple set of movements to energize and harmonize the internal organs and energy flow. This gentle practice will improve balance, flexibility, and muscle tone, while promoting relaxation and focus. No prior experience necessary.

W 10:30a-11:30a 6/19-8/7 CB Larson 6/10 \$79

 ★ APPLIES TO CMC AA/AS DEGREE
 ★ COLORADO STATE GUARANTEED TRANSFER COURSE

 CLASSROOM
 ♣+ HYBRID
 ♠ CONNECTED CLASSROOM
 ♠ REMOTE REAL-TIME
 ■ ONLINE

 LMP REQUIRED FEE
 DON'T FORGET TO CALL OUR FRONT DESK FOR YOUR SUPPLY LIST

### CONCURRENT ENROLLMENT



- ▶ **EARN COLLEGE CREDIT** in your high school classrooms with CMC courses offered by college credentialed teachers
- ▶ TAKE COURSES through Remote Real-time, Online, or at a CMC campus
- TRANSFER CONCURRENT ENROLLMENT credit to colleges & universities
- GRADUATE HIGH SCHOOL with a college certificate or degree

## COMPLETE YOUR RFSD GRADUATION REQUIREMENTS WITH THE FOLLOWING CLASSES THIS SUMMER:

- Finish your health requirements by taking HWE-1050 Human Nutrition or HWE-1062 Health & Wellness online.
- Complete your Civics requirement with our PSC-1011 American Government.
- Explore Geography with GEO-1005 World Regional Geography





REBECCA JONES CEPA COORDINATOR 970-263-0413 RARRINGTON@COLORADOMTN.EDU





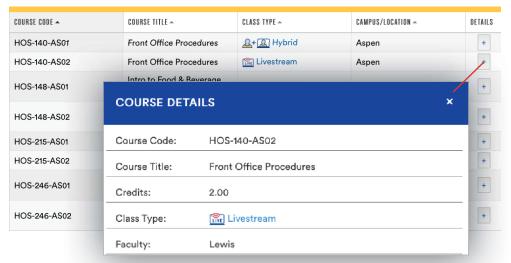
## FIND MORE CREDIT CLASSES

With all of the options for class instruction, there is a class that will work with your schedule. To find additional Online and Remote Real-Time classes that fit your schedule, you can go to Student Planning if you are a current student, or look on the website at ColoradoMtn.edu/classes

You can then sort by course code, course title, course type or campus! Find the class you need and the method of instructional delivery that works best for you!

#### **SUMMER 2024 CREDIT CLASSES @ CMC**

- Registration for Summer 2024 is now open. We recommend making an appointment with your academic advisor or college counselor prior to registering for classes.
- To register or see the most current listing of classes, including late-starting classes, go to Student Planning.
- The table holds over 1,000 classes! Use the Location Filter/Menu to find classes at your Campus. Use the Course Code or Course Title filter to find specific classes.





#### ONLINE LEARNING & REMOTE REAL TIME CLASSES

Most classes start on 5/15 unless indicated. Go to: ColoradoMtn.edu/classes for information on how to begin an Online Learning or Remote Real Time course.

Required text is PROVIDED by LMP. Learning Materials Program (LMP) is a flat rate library-like system that applies to all required course materials based on number of credit hours (\$25 per credit hour). For questions related to LMP see Basecamp or contact your campus.

#### **ONLINE LEARNING CLASSES - SUMMER 2024**

COURSE TITLE

CUIRSE CODE

	COURSE CODE	COURSE TITLE
*	ACC-1011-DS01	Intro to Financial Accounting
*	ACC-1012-DS01	Intro to Managerial Accounting
	ACC-1038-DS01	Payroll & Sales Tax
	ACC-2035-DS01	Computerized Acct: Small Bus
•	ANT-1001-DS01	Cultural Anthropology
•	ANT-1003-DS01	Introduction to Archaeology
•	ART-1110-DS01	Art Appreciation
•	BIO-1005-DS01	Science of Biology
*	BIO-1006-DS01	Basic Anatomy & Physiology
*	BIO-2116-DS01	Human Pathophysiology
	BIS-3033-DS01	Management Systems
*	BUS-1015-DS01	Introduction to Business
*	BUS-2016-DS01	Legal Environment of Business
*	BUS-2017-DS01	Bus Comm & Report Writing
*	BUS-2026-DS01	Business Statistics
	BUS-3034-DS01	Organizational Leadership
	BUS-3065-DS01	Business Research Methodology
	BUS-4049-DS01	Power of Data
	BUS-4085-DS01	Capstone
	BUS-4087-DS01	Business Internship
•	CHE-1011-DS01	Introduction to Chemistry I
•	CHE-1111-DS01	General College Chemistry I
*	CIS-1018-DS01	Intro to PC Applications
	COM-1250-DS01	Interpersonal Communication
	CRJ-2016-DS01	Juvenile Law & Procedures
*	ECE-1011-DS01	Intro to Early Childhood
	ECO-2001-DS01	Principles of Macroeconomics
	ECO-2002-DS01	Principles of Microeconomics
	ECO-4029-DS01	Econ for Managerial Decisions

	COURSE CODE	COURSE TITLE
•	ENG-1021-DS01	English Composition I
•	ENG-1022-DS01	English Composition II
•	ENG-2021-DS01	Creative Writing I
•	ENV-1111-DS01	Environmental Science W/ Lab
	FIN-3025-DS01	Essentials of Finance
	FST-2003-DS01	Fire Hydraulics & Water Supply
	GEO-1005-DS01	World Regional Geography
•	HIS-1210-DS01	US History to Reconstruction
•	HIS-1220-DS01	US History Since Civil War
•	HIS-1310-DS01	Western Civ: Antiquity-1650
•	HIS-2135-DS01	Colorado History
	HOS-1040-DS01	Front Office Procedures
	HOS-2026-DS01	Supervision in Hosp Ind
*	HPR-1008-DS01	Law & Ethics for Health Professionals
*	HPR-1039-DS01	Medical Terminology
•	HUM-1023-DS01	Humanities: Modern World
	HWE-1050-DS01	Human Nutrition
	HWE-1062-DS01	Health & Wellness
•	LIT-1015-DS01	Introduction to Literature I
•	LIT-2055-DS01	Children's Literature
	MAN-3027-DS01	Strategic Management
	MAN-3028-DS01	Contemporary Management
	MAN-4086-DS01	Leading & Managing Change
	MAN-4097-DS01	Business Capstone Experience
	MAN-9001-DS01	Management
*	MAR-1055-DS01	Social Media for Business
	MAR-3025-DS01	Strategic Marketing
	MAR-3026-DS01	Contemporary Marketing
	MAR-3036-DS01	Consumer Behavior
	MAR-4076-DS01	Digital Marketing Analytics

#### COURSE CODE / COURSE TITLE

*	MAT-1140-DS01	Career Math
•	MAT-1240-DS01	Math for Liberal Arts
•	MAT-1260-DS01	Introduction to Statistics
	MAT-1340-DS01	College Algebra
	MAT-1400-DS01	Survey of Calculus
	MAT-1420-DS01	College Trigonometry
	MAT-2420-DS01	Calculus II
	MGD-1001-DS01	Intro to Computer Graphics
	MGD-1006-DS01	Creativity & Visual Thinking
	MOT-2089-DS01	Capstone
•	MUS-1020-DS01	Music Appreciation
•	MUS-1023-DS01	Survey of World Music
	PAR-1118-DS01	Contracts
	PAR-2087-DS01	Cooperative Education
	PAR-2089-DS01	Capstone
	PAR-2201-DS01	Civil Litigation
	PAR-2213-DS01	Legal Research & Writing I
•	PHI-1011-DS01	Introduction to Philosophy
•	PHI-1012-DS01	Ethics
•	PHI-2018-DS01	Environmental Ethics
	PHT-1017-DS01	Drug Classification
	PHT-1017-DS02	Drug Classification

### COURSE CODE / COURSE TITLE

		<u> </u>
	PHT-1040-DS01	Institutional Pharmacy
	PHT-1041-DS01	Community Pharmacy
	PHT-1070-DS01	Clinical:
	PHT-1071-DS01	Clinical:
	PHT-2005-DS01	Certification Review
	PSC-1011-DS01	American Government
	PSY-1001-DS01	General Psychology I
	PSY-1002-DS01	General Psychology II
	PSY-2331-DS01	Positive Psychology
	PSY-2333-DS01	Health Psychology
	PSY-2440-DS01	Human Growth & Development
	PSY-2552-DS01	Abnormal Psychology
	SKB-1052-DS01	SIA Marketing
	SKB-1053-DS01	SIA Sales Representative
	SKB-1055-DS01	SIA Promotions
	SKB-2016-DS01	SKB Marketing & Media
	SKB-2029-DS01	Integ Portfolio & Capstone
•	SOC-1001-DS01	Intro to Sociology I
•	SOC-2015-DS01	Contemporary Social Problems
<b>*</b>	SPA-1011-DS01	Spanish Language I
<b>*</b>	SUS-1001-DS01	Introduction to Sustainability

#### **REMOTE REAL TIME CLASSES - SUMMER 2024**

*	ACC-1011-GW55	Intro to Financial Accounting
	ACC-2031-GW55	Business Taxation
	ACC-4031-GW55	Taxation of Business Entities
	BUS-1015-CB55	Introduction to Business
	BUS-2026-GW55	Business Statistics
•	COM-1250-BK33	Interpersonal Communication
•	COM-1250-VE01	Interpersonal Communication
	CSL-3250-RL300	Conflict & Crisis Intervention
	ECE-1031-DL33	Guidance Strategies-Children
	ECE-2101-DL33	Working W/Families & Community
	EDU-3330-VE44	Framework for Instruction
	EDU-4421-VE44	Teacher Leadership & Ethics
	EDU-4421-VE44	Teacher Leadership & Ethics

	EDU-4430-VE44	Research-Based Instruction
	ENG-1021-BK33	English Composition I
	HIS-1210-RL01	US History to Reconstruction
	HIS-2105-BK33	Women in U.S. History
	HMS-2101-RL300	Intro to Human Services
	HMS-2101-SB01	Intro to Human Services
	LIT-2046-GW01	Literature of Women
	MAN-4027-GW55	Project Management
•	MAT-1340-BK33	College Algebra
	MAT-3460-GW01	Sec Math Teaching Methods
	NUR-4340-BK01	Information Management
•	PSC-1011-VE44	American Government
	REE-2001-GW55	Real Estate Brokers I
	REE-2002-GW55	Real Estate Brokers II
	SPA-1001-BK33	Conversational Spanish I
	SUS-3500-SB01	Permaculture Design I
	SUS-3510-SB01	Permaculture Design II



**CMC HAS ELEVEN CAMPUSES** throughout its central Colorado district. This class schedule features some of the classes offered in your area, but you have access to hundreds of specialty class offerings throughout the entire district.

**OUR COMMUNITY EDUCATION CLASSES** include an Italian breads workshop in Summit County, Medicinal Botany classes in the Roaring Fork Valley, and a mineral springs tour in Steamboat. With so many to mention, find them all online at **Community-Education.Coloradomtn.edu** 

**IF YOU'RE LOOKING FOR CREDIT CLASSES** to apply to your degree, or a new career program to start, you have a multitude of options in our district. Classes are offered in a variety of formats, from in-person to online. Easily search the whole menu at **ColoradoMtn.edu/classes**.

**REGISTRATION INFORMATION** for all types of classes can be found on page 4 of this schedule.

