

Fitness & Recreation Center
Colorado Mountain College at Spring Valley
Sport Club/Intramural information

Sport clubs are run just like our other clubs on campus so they are subject to the policies and procedures to be an accepted club on campus. See the SGA Club Handbook ([create link](#)). These clubs are funded through applying for a portion of student fees, dues, and club fundraising. The Club Sport Program allows students to participate in sports and compete with other colleges and universities. The clubs travel, and play in regional and national events.

(Future item: will need to add a link or hyperlink to Club Sport Manual, Sports listing, and Schedule. This will happen after the center opens).

Intramurals – information about intramurals, how to sign up, etc

Colorado Mountain College Campus Recreational Intramural sports seeks to engage the Spring Valley community through opportunities to participate in any number of structured, inclusive, recreational sports related activities throughout the academic year.

Intramural sports are another way that you can interact through a variety of sports with other students, faculty, and staff. Within every sport and/or team you can see a wide spread of levels of competition and abilities. This is your time to get involved and in the spirit of competition...have fun!!

Get Involved

Ready to sign-up for an Intramural Sport? Getting involved with the IM Program is easy! Here's how:

- Register for an IM Membership; memberships are good for the entire semester and provide almost unlimited access to all IM Sports. Get your memberships at the front desk of the Campus Recreation Center.
- In order to participate in Intramural Sports you must have a current Campus Recreation Membership. This membership must be maintained on the days that you participate in IM sports.
- Check out the schedule posted at the Recreation Center or below and find which sport you are interested in playing. The "sign-up" column tells you what dates you can register online.
- For more information about all these offerings, call (970) xxx-xxxx.

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