# **DEBT MANAGEMENT**





### WHAT HAPPENED?

#### BUDGET

Save Share Invest Spend

- Why do you accumulate debt?
- What types of debt do you have?
- How is your debt related to your budget?
- Analyze your spending habits



#### **PAYING OFF YOUR DEBT**



1. Ask for reduced interest rates on debt



3. Make additional payments or larger amounts



2. Consolidate credit cards to get lower interest rate



4. **DO NOT** cash out retirement accounts to pay off debt



### **TIPS / ADVICE**

- Pay off highest interest credit card 1<sup>st</sup>
  - This is hard for some people if debt is large-
    - Instead use the <u>SNOWBALL</u> effect



- Reduce expenses to free up money to put towards debt
  - Utilize your budget to find this free money:
    - Subscriptions you don't use, cable/streaming services you don't use, call insurance company to see about reduced rates, take on a roommate, etc.



## **ADDITIONAL TIPS**

- Go through your possessions to sell items you no longer use/want
  - Garage sale
  - Ebay/Facebook/Craigslist
  - Local Newspaper



#### DO NOT STOP SAVING OR INVESTING!!!!

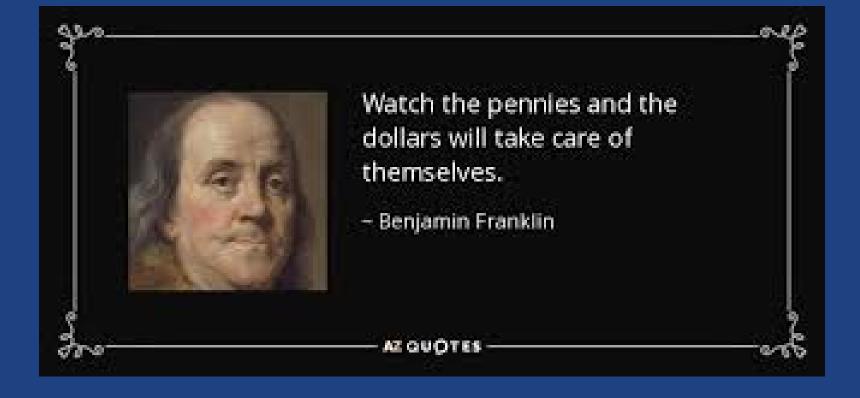




- <u>NerdWallet</u>
- Credit Karma
- <u>Federal Trade Commission</u>

• Be wary of Debt Management/Settlement companies- often they do more harm than good and cost you money!







### **CONTACT US**

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